

Report: Workshop for Roll-out of Multi-centric Pilot of Maternal Nutrition Package conducted by Department of Community Medicine, Center for Nutrition Studies and Yenepoya Nursing College

Date: 12th February, 2019 **Venue:** Demonstration room, Dept of Community Medicine

Department of Community Medicine, Yenepoya Medical College and Center for Nutrition Studies, Yenepoya (Deemed to be University) and UNICEF (Andhra Pradesh, Telangana and Karnataka) signed a Small Scale Funding Agreement on ‘Pretesting Maternal Nutrition Package under Pradhan Mantri Surakshit Matritva Abhiyan (PMSMA/SSFA/2018/03). We have agreed to implement it at four sites: Outpatient Department (OPD) of YMCH, Rural Health Training Center (RHTC), Harekala and two Primary Health Centers (Boliyar and Kurnad).

To this end five persons (Dr Madhavi Bhargava, Dr Akshaya KM, Ms Harshita, Ms Reshma and Mrs Janet Miranda) underwent a ‘Training of Trainers’ at National Institute of Nutrition (NIN), Hyderabad for 2 days on 23-24 January 2019.

A one day workshop for data collection and implementation at two sites, OPD of YMCH and RHTC Harekala was conducted on 12th February 2019. We trained 12 participants from Department of Community Medicine, RHTC, Yenepoya Nursing College.

The workshop schedule is as follows:

Time	Session	Resource Person
9:30	Inauguration and Registration	
10:15 – 11:15	Technical Algorithm: Facility	Dr Madhavi Bhargava
11:15 – 12:00	Anthropometry - MUAC - Height and weight measurement - Use of BMI field charts - Blood pressure measurement	Ms Harshita Dr Madhavi Bhargava
12:00 – 12:30	Clinical signs - Anemia - Fluorosis - Goiter - Pedal edema	Dr Madhavi Bhargava
12:30 to 1:30: Lunch		
1:30 – 2:15	Counselling and Counselling messages: Universal flip book for group counselling	Ms Janet Miranda
2:15 – 3:00	Individual counselling	Ms Reshma Acharya
3:00 – 3:30	Installation and demonstration of data collection and entry in CSPro Software	Ms Reshma Acharya Ms Harshitha
3:30 – 4:00	Way forward and Information on monitoring and evaluation	--

Job responsibilities, flow of activity, method of data collection, content of counselling were discussed. Hands-on activity for anthropometric assessment, group counselling, individual risk counselling and data collection tool was done for smooth conduct of the implementation. We will be starting the data collection from this week.

We will also conduct a training session of Medical Officers and Auxillary Nurse Midwives of the two PHCs (the two remaining sites for implementation) once we receive the required permissions from State and District Administration, and Nutrition Education Material (translated in local language, we have already provided inputs to NIN from our side) is available in 'print ready' version from the National Institute of Nutrition.

We thank you for encouragement and facilitation provided by the institution.

