

Refresher Course for Interns on Maternal Nutrition
Organized by Center for Nutrition Studies and Medical Education Unit

Date: 29 March, 2019; Time: 2 – 4 PM; Venue: Auditorium EMD Building

Maternal nutrition has an intergenerational effect. In order to strengthen the delivery of maternal nutrition services, several new steps have been taken and are being planned by the Ministry of Health and Family Welfare.

UNICEF (Office of Hyderabad) supported the Center for Nutrition Studies, along with Departments of Community Medicine and Obstetrics and Gynaecology and Yenepoya Nursing College, Yenepoya (Deemed to be University) in implementation of newer initiatives. Our institution was selected as one of the sites of this multi-centric nationwide endeavour to pilot Maternal Nutrition Package under Pradhan Mantri Surakshit Matrutva Abhiyan (PMSMA).

The project has now reached its completion and dissemination of the newly acquired knowledge and skills is the next logical step.

One of the objectives of internship training is to demonstrate skills in implementation and monitoring of the National Health Programmes and orientation towards preventive and promotive health care services. To sensitize the interns in this regard, and refresh their knowledge about maternal nutrition, following programme was organized by the Center for Nutrition Studies and Medical Education Unit.

There were close to 90 participants, the attendance sheet is attached. The course schedule was as follows:

Time	Session	Resource Person
2:00 PM	Opening Remarks by Principal sir	Dr Moosabba M.S.
2:15 – 2:45 PM	Update on status of maternal health and nutrition in India and its implications	Dr Anurag Bhargava
2:45 – 3:15	Nutritional assessment of pregnant mothers. Identification of at-nutritional risk mothers	Dr Madhavi Bhargava
3:15 – 3:45	Nutritional counselling of pregnant mothers with updates on schemes for nutritional supplementation	Dr Akshaya KM
3:45 – 4:00	Question and answers and refreshments	--

