Guest Lectures – 2019

Yenepoya Medical College Coordinator – Dr. Guruprasad N. B.

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Sl. No.	Name & Address	Date & Department	Title & Report
1.	Dr. Mahesh P A Professor and Head Dept. of Pulmonary Medicine	19.01.2019 Dept: ENT	Sublingual immunotherapy in allergic rhinitis
	JSS Medical College, Mysuru	No of participants: 29	Dr. Mahesh gave insights on the advantage of sublingual immunotherapy over injectables. He stressed on the importance of history taking, identification of allergens and follow-up history to further modify therapy based on patients' progress and to achieve success in alleviating patients allergic symptoms.
2.	Dr. Sanjeev Badiger Professor and HOD Department of Community Medicine	02.02.2019	Training on disaster preparedness and management
	K. S. Hegde Medical Academy NITTE (Deemed to be University)	Dept: Community Medicine No. of participants:142	The increasing frequency and intensity of natural and manmade disasters and the consequent damages were discussed in great depth. At the community level reducing the vulnerability and increasing the capacity to face the hazards and learning to live with disasters were also discussed
3.	Dr. Girish Professor & Head	16.03.2019	Genetic Tests in Paediatric Practice
	Dept. of Medical Genetics KMC Manipal	Dept: Paediatric No. of Participants:46	Dr. Girish spoke on Genetic tests in paediatric practice. He covered initially on the genetic basis of diseases which is required to understand the type of genetic test to be ordered. He also covered on various techniques currently in use like Fish chromosomal microarray, katyotyping, exomic sequencing and PCR. Spectrum covered were indications for the above tests, yields as well as cost effectively.

4.	Dr. Srinath Pratap Shetty Endocrinologist KMC Mangalore	16.03.2019	Impact Device
	Novo Nordick - Your treated partner for batter adulters are An insulin for every locks." Western St.	Dept: General Medicine No. of Participants: 14	The meeting was sponsored by Novo Nordisk. The results of DCCT and UKPDS were discussed and India's poor control of diabetes was discussed. In order to achieve better glycemic control, pens are considered as assistive devices for self injections as they could take away the fear of insulin injection and the stigma.
5.	Dr. Manjunath G. N. Professor & Head Dept. of Pharmacology	18.03.2019	Soft skills for Doctors
	Sri Siddhartha Medical College Tumkur	Dept: Pharmacology	The talk highlighted the importance of soft skills in health care professionals. Essential components
	GUEST ERIES	No. of Participants: 114	of soft skills like strong communication & interpersonal skills, flexibility/adoptability. Strong work ethic and time management, analytical skills, problem solving skills ability to deal with pressure self confidence, ability to deal with criticism were discussed in detail.
6.	Joselyn T Lobo Associate Professor & Dean School of Social Work, Roshni Nilaya	28.03.2019	Human relationships – key to success
	Mangalore.	Dept: MSW	Mr. Lobo explained about the various
		No. of participants:167	types of relationship i.e., web relationship, relationship and success, relationship and teamwork, relationship and perception and relationship and self. He also explained about the tips to develop the relationship.

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7.	Dr. Sudha Vidyasagar Professor of Internal Medicine KMC, Manipal	30.03.2019	Sepsis management guidelines
		Dept: General Medicine	
		No. of Participants: 12	Sepsis is a systemic inflammatory response syndrome in presence of infection. The incidence rate for sepsis has been increasing over the past two decades, driving an increase in the number of deaths despite a decline in case-fatality rates. She reiterated the value of golden hour in management of sepsis.
8.	Dr. Chakrapani Professor of Internal Medicine KMC, Mangalore	30.03.2019	PK/PD principles in antibiotic therapy
	MIC and	Dept: General Medicine	
	Ciricans Is	No. of Participants: 12	Dr Chakrapani spoke on the topic PK PD principles on prescription on antibiotics and enlightened us on the role of physicians in choosing the antibiotics based on MIC value, break point report and drug ability to be present in certain tissue with examples.
9.	Dr. Jayashree Bhat	25.04.2019	Communication – Then and Now
	Professor Department of Audiology & Speech		
	Manipal University	Dept: ENT	Dr. Jayashree stressed on the
	KMC Mangalore	•	importance of auditory stimulus for development of language and
		No of Participants: 29	communication right from early infancy. She pointed out at the pitfalls and mistakes often made by parents and caregivers in not communicating with infants and emphasized that auditory stimuli should be given early because the seeds for further development of communication and language are sown as early as first 12-24 months of infancy.

10.	Dr. Sharath Kumar K Associate Professor & Coordinator Clinical trial unit, Dept. of Pharmacology AJ. Institute of Medical Science & Research Centre, Mangalore	24.06.2019 Dept: Pharmacology No. of Participants: 131	The speaker highlighted that Evidence based medicine is an approach to medical practice intended to optimize decision making by emphasizing the use of evidence (Clinical expertise, patients perspective) from well designed & well conducted research.
11.	Dr. Madhavi Bhargava Assistant Professor Department of Community Medicine Yenepoya Medical College	29.06.2019 Dept: Anatomy No. of Participants: 16	Dr. Madhavi provided knowledge on identification of suitable journal, basic skills of academic writing, research paper, review paper, avoiding plagiarism and online demonstration of social networking sites for scientists. She motivated to develop scientific attitude and ethical conduct.
12.	Dr. Preethi J. Shenoy Associate Professor Dept. of Pharmacology Kasturba Medical College Mangaluru	05.08.2019 Dept: Pharmacology No. of Participants: 156	Rational approach to prescription writing The speaker highlighted the documented policies & procedures that guide the safe & rational prescription of medications. The speaker also stressed on inclusion of good practices/guidelines for rational prescription of medication.

13.	Dr. Gagandeep Kang Director THSTI (Translational Health Science and	27.09.2019	Translational health research in India: Bird's eye view
	Technology Institute) Professor of Microbiology Faridabad	Dept: Forensic Medicine	The presentation on traditional research. It began with objectives of THSTI, work being done at THSTI
		No. of Participants: 67	and areas of translational research which are priority. The data analysis and how predictors and valuable factors influence the outcome was presented. There was extensive discussion on how to pursue pre science, commitment required to pursue research, what are open for research training in THSTI.
14.	Mr. Muddu Krishna Yoga Guru Mysore	05.10.2019	Yogasanas
		Dept: Geriatric Medicine	Yoga and positive thinking will help an individual to walk from darkness into light. He explained the importance of yoga by giving his
		No. of Participants: 56	example, how he took up yoga to cure himself and ten became a practitioner. Along with his disciples he demonstrated yoga postures for the senior citizens from Abhayashrama and Olavinahalli old age homes.
15.	Dr. Leelavathi B Professor & HOD Department of Dermatology	29.10.2019	World Psoriasis Day
	Father Muller Medical College, Mangalore	Dept: Dermatology	Dr Leelavathy spoke on the use of biologicals in psoriasis. The indications, dosages and various
	WORLD PSORIASS DAY WORLD	No. of Participants:70	adverse effects of several biologicals were highlighted. The drug interactions of biologicals, their use in special situations such as coexisting tuberculosis etc. and personal experiences were shared by the speaker.

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16.	Dr. Gangarathna Krishna Consultant Rheumatologist Mangalore WORLD PSORIASIS DAY PSORI	29.10.2019 Dept: Dermatology No. of Participants:70	World Psoriasis Day Dr. Gangarathna spoke on Psoriatic Arthritis. She elaborated on the symptoms, clinical signs and various differential diagnosis of psoriatic arthritis. She enlightened the residents and young physicians and dermatologists on how to identify the early clinical signs of psoriatic arthritis.
17.	Dr. Shivashankara A. R Quality Manager, Father Muller Medical College Hospital and Associate professor Department of Biochemistry Father Muller Medical College Mangalore GUEST LECTURE SERIES	05.11.2019 Dept: Biochemistry No. of Participants: 90	Total Quality Management in NABL Accredited Diagnostic Lab The speaker introduced the topic by providing information about the quality management system (QMS). The talk highlighted major challenges for health care laboratories in implementing QMS as that of achieving, maintaining and improving accuracy, reliability and turn-around time. The speaker identified commitment, effective communication, defining authorities and responsibilities, quality assurance program and good documentation, as vital aspects in a QMS.
18.	Mrs. Merlin Martis Advocate and Director DEEDs Mangalore	12.11.2019 Dept: MSW No. of Participants: 158	'Are women safe at their workplace?'- Significance and Provisions of Sexual Harassment at workplace (Prevention, Prohibition and Redressal) Act 2013. Mrs. Merlin Martis spoke on what is Sexual Harassment at Workplace? She enumerated what is work place according to the Act who is worker, employee and employer roles and what is sexual harassment in detail. She gave various examples of sexual harassment incidents. She briefed an importance of legal measures, internal complaints cell and the local cell where people can approach local cell and can complaint to police.

19.	Dr. Saravanan Shanmugam Professor & Head Dept. of Pharmacology Century International Institute of Dental Sciences and Research Centre Kasaragod	25.11.2019 Dept: Pharmacology No of Participants:144	Clinical research – a current perspective The guest speaker spoke about different phases in clinical trial, ethics in clinical trial and briefed about whole procedure involved in clinical research.
20.	Dr. Ravi Kumar Raju M Professor in ENT Konaseema Institute of Medical Sciences and Research Foundation Amalapuram	25.11.2019 Dept: ENT No of Participants:41	Snoring and obstructive sleep apnoea Various methods of assessment like sleep nasendoscopy and sleep study assessment was discussed. Dr. Ravi pointed out the use of CPAP as a treatment modality and various methods of surgery in the management. Further, he mentioned that a team including otorhinolaryngologist, physician, respiratory physician, maxillo facial surgeon, orthodontist, nutritionist and life style modification experts need to work in tandem for attaining better outcomes.
21.	Dr. Mamatha Ballal Professor Microbiology KMC, Manipal	29.11.2019 Dept: Microbiology No. of Participants: 60	Helicobacter pylori- recent concepts and Indian scenario Dr. Mamatha briefed about the epidemiological aspects in different parts of the world in comparison with Indian scenario. She also explained the genetic aspects of virulence factors and pathogenesis of <i>H. pylori</i> infection.

22.	Dr. Nilesh Mahajan
	Consultant Otologist
	Vijaya ENT Care Centre
	Malleshwaram



15.12.2019

Dept: ENT

No. of Participants:21

Imaging of temporal bone

Dr Nilesh stressed on slice thickness of 0.6mm for delineation of details on the HRCT Temporal bone. He stressed on reading each slice using the softwares like RadiAnt Dicom Viewer rather than reading the CT plates. While axial cuts provide the key details, it is essential to study the images after coronal, sagittal and also 3D reconstruction to understand the details better and improve diagnosis.

Yenepoya Dental College Coordinator – Dr. Sundeep Hegde.

23. Dr. Chandrashekar Yavagal Professor, Pediatric Dentistry Maratha Mandal Dental College Belgaum



18.02.2019

Dept: Pedodontics and Preventive Dentistry

No. of participants: 101

"Say Cheese" - A Comprehensive Integration of restorative and preventive dentistry.

Dr. Yavagal spoke about the latest restorative materials available for the dental treatment of children. He mentioned about the importance of preventive dentistry in pediatric patients. He also emphasized the need for early diagnosis, treatment and preventive protocol of early childhood caries. This was followed by an explanation of the latest Fluoride Releasing Glass Hybrid restorative system.

24. Dr. Javed Jamil
Chair in Islamic Studies and Research
Yenepoya (Deemed to be University)



22.11.2019

Dept: Paedodontics

No. of Participants: 92

Peace, Justice and Equality: Let's adopt them

Dr Javed spoke about the importance of peace in the present day world. He also emphasized the need for equal justice for all sections of people in the world. He also mentioned about gender equality and universal brotherhood for maintaining world peace.

25.	Dr. Javed Jamil Chair in Islamic Studies and Research Yenepoya (Deemed to be University) The state of the st	28.11.2019 Dept: Paedodontics No. of Participants:75	Responsible Citizens of the Nation Dr Javed emphasized on the duties and ideologies to be followed by the citizens. He also spoke about the values and virtues that the citizens have to inculcate in themselves to become responsible citizens of the nation.
	Centre for En	vironmental Studies	
26.	Dr. T. S. Channesh Director Centre for Public Understanding of Science Bengaluru GUEST LECT SERIES	07.06.2019 No. of Participants: 11	Framing the modern context of our Environment: Learning and Teaching Scientific institutions have taken some special attention towards enriching public interest in scientific research. The studies were attempted through working groups to identify the practical measures that would improve understanding of science for both the public and researchers.
27.	Mr. Rajendra Kalbavi Project Director Nirmithi Kendra NITK, Surathkal	19.08.2019 No. of Participants: 79	Rain water harvesting system in India Mr. Kalbavi provided statistics of harvesting rainwater and how the collected water can be used throughout the year. Short films on models and instances where rainwater is harvested and used were shown to the students.

28. Mr. Dinesh S. Mallya Proprietor Envone Technologies Alake, Mangalore



25.09.2019

No. of Participants: 163

Plastics and Environment

The lecture provided statistics on global and national plastic pollution crisis. The impact of plastic on health and environment was presented.

29. Mr. Mahesh Nayak
Executive Editor
Mangalore Today (Magazine)



27.09.2019

No. of Participants: 39

Gandhi and Environment

Resource person highlighted that Gandhian way of life is the most eco-friendly model for living. Gandhi's world view was rather holistic blending politics, society, spirituality and basic human nature as well as Mother Nature into a non dogmatic doctrine. Gandhi saw the interrelatedness of the entire world. Gandhian concepts like Ahimsa, Satyagraha, Sarvodaya and Gram Swaraj all eventually benefit the environment.

Yenepoya Nursing CollegeCoordinator – Mrs. Janet Prima Miranda

30. Dr. Portia Bimray
Lecturer, School of Nursing
University of Western Cape
South Africa



24.01.2019

Dept: Child Health Nursing

No. of participants: 171

Professionalism in Nursing

Dr. Portia spoke about the characteristics of professionalism; she said that professionalism is having a high standard professional ethics, behaviour and work activities while carrying out one's profession, having a reasonable work morale and motivation. She also highlighted on nursing pledge & code of conduct, ethical dilemma in nursing practice

31.	Mrs. Merlyn Martis Director – DEEDS Mangalore GUEST LECTURE SEI	19.02.2019 Dept: Community Nursing No. of participants: 95	Mrs. Martis spoke about gender equality and said gender balanced perspective should flow in to the system. We should foster society with gender neutrality and gender equality. To achieve sustainability - empowerment, proactive measures need to be taken.
32.	Dr. Audrey Pinto	08.03.2019	International Women's Day
	Head – M.Sc Counselling Roshini Nilaya		'Balance for better'
	Mangalore.	Dept: OBG Nursing	
		r · · · · · · · · · · · · · · · · · · ·	She discussed on the importance of
	GUES) SUTURE SERIES	No. of participants: 142	balancing the life through various personality enhancement techniques through meaningful, pleasurable and engaged life. She also emphasized on achieving competence through acquiring skills and master task, establish interpersonal relationship, emotional quotient through self-awareness, and recognize feelings of others, reasoning with emotions, managing relationships, self-motivation.
33.	Mrs. Selvi B Consultant Stoma Therapist	27.03.2019	Ostomy Care - Nursing perspectives
	Adyar Cancer Institute - Chennai		Management of Ostomy – Ostomist
	Mr. Manohar Co-Founder, Ostomates, India	Dept: Community Nursing	Mrs. Selvi B focused on the psychological preparation of patient for ostomy and home care
	GUEST LECTURE	No of Participants: 232	management. She also demonstrated the different types of ostomy bags and its usage.
			Mr. Manohar shared his views being an Ostomate. He expressed his ways of handling the life with ostomy and encouraged the participants to motivate the patients to involve in social activities and lead a happy life.

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34.	Dr. Jayashree Bhat Professor Department of Audiology & Speech	04.04.2019	Assistive technologies, Active participation
	Manipal University KMC Mangalore	Dept: Psychiatric Nursing	
		No of Participants: 137	Dr. Bhat spoke on the role of every health professional and neighborhood people who can help a child with autism. Also the role of parents in taking care of a child with autism was discussed.
35.	Mrs. Shomiya Shaju Nurse Educator (former) Hiranandani Hospital	19.08.2019	Infection control in NICU
	Mumbai	Dept: Child Health	Mrs. Shomiya explained the source of
		Nursing	infection in NICU and highlighted
	P. S. LEVING SERIES	No. of Participants: 104	the infection control measures in NICU. She discussed the prevention and control of infection in NICU and stressed the importance of preventing infection in NICU by the nurses.
36.	Ms. Venisha Pearl Tauro Registered Nurse Sunderland Royal Hospital	12.10.2019	Ethical and Legal aspects of Patient care
	UK	Dept: Child Health	
	POYA.	Nursing	Ms. Venisha spoke regarding the ethical principles; legal and ethical issues in nursing practice. She shared her experience in working at UK and
	GUESSTURE SERIES	No. of Participants: 115	gave tips how to apply for master's degree in nursing, scholarships and part time jobs.

37. Dr. Javed Jamil
Chair in Islamic Studies and Research
Yenepoya (Deemed to be University)



26.11.2019

Dept: Community Health Nursing

No. of Participants: 83

Religion, cultural and regional harmony: Panacea for National Unity

The expert spoke on the beauty of universe, importance of religion and also said that the essence of all religion is love of God. We need to develop wider view and respect all religion and live in harmony.

Yenepoya Research Centre

Coordinator – Ms. Sajida

38. Dr. Praveenkumar Shetty
Professor and Research Coordinator,
Central Research Lab,
Dept. of Biochemistry
SDM College of Medical Sciences and
Hospital, Dharwad



18.01.2019

No. of participants: 41

Characterization of Biomarker and Therapeutic Target for Triple Negative Breast Cancer

Dr. Shetty shared his research work on a biomarker which intensely over expresses in case of triple negative breast cancer (TNBC) compared to the other classes of breast cancer. The novel molecule gives inflammatory signals and also shows effect on the kinase pathways, which plays significant role in the process of tumor genesis.

39. Prof. Dr. Amina Ather
Scientific Advisor
System 4 Technologies GmbH
Steller Strasse 32, D-27755
Delmenhorst Germany.



21.01.2019

No. of participants: 45

An observation study to evaluate the effect of HIP prevention of oxidative stress in management of PMS with blood samples of female pre teenagers and teenagers of KVIS

The lecture focused on *Chlamydomonas reinhardtiias* a model organism to understand the ciliary architecture and dysfunction. Dr. Ather gave insights on the mechanistic details of motility by flagella and cilia and the structural futures the central flagellar pair, using conventional molecular techniques.

40.	Dr. Jacinta S. D'Souza Professor and Chairperson, School of Biological Sciences, University of Mumbai and Department of Atomic Energy, Centre for Excellence in Basic Sciences, University of Mumbai, Kalina Campus, Mumbai.	24.01.2019 No. of participants:25
41.	Dr. Arnab Datta Senior Post Doctoral Fellow Epithelial systems Biology lab Systems biology centre NHLBI, NIH, USA	15.02.2019 No. of participants: 35

01.2019 Ciliary dysfunction: from relative obscurity to a formidable position

The lecture focused on *Chlamydomonas reinhardtii*as a model organism to understand the ciliary architecture and dysfunction. She gave insights on the mechanistic details of motility by flagella and cilia and the structural futures the central flagellar pair, using conventional molecular techniques.



A systems biological approaches for the discovery and validation of potential therapeutic targets and biomarkers for human disease

Dr. Datta spoke on how Systems Pharmacology can be used for addressing human diseases especially in neurobiology-ischemic stroke. He presented his research work on *in vitro* approaches and animal models of ischemic stroke, and correlated his *in vitro* data with the patient samples.

42. Dr. Sebanti Gupta
Senior Post Doctoral Fellow
Laboratory of chemical physics
NIDDK, NIH
USA



15.02.2019

No. of participants: 35

Implication of NMR spectroscopy from protein folding mystery to structural virology

Dr. Gupta delivered an interesting talk on capsid protein folding and antiviral designing against HIV virus. Uses of NMR data for understanding protein folding, and also *in vitro* generation of viral particles for further validating the hypothesis for antiviral designing.

43.	Dr. Manohara Pai M. M.		
	Associate Director		
	Research and Consultancy		
	Manipal Institute of Technology		



18.02.2019

No. of participants: 32

Interactive session on start-ups, incubation and entrepreneurship

Dr. Pai spoke on innovation for scientists and scholars. He says innovation means "Novel solution for the problem with a commercial value". He emphasised on Intellectual Property Right (IPR) including patents, copyrights, trademarks, and geographical indicators. He suggested starting companies by researchers, setting up an incubation ecosystem in the University and people with entrepreneurship.

44. Dr. Prashant Kumar
Faculty Scientist
DST- Ramanujan fellow
Institute of Bioinformatics
Bangalore



25.03.2019

No. of participants:41

Circulating Tumor Cells (CTCs): Understanding the biology, challenges, clinical utility and future prospects

Dr Prashant Kumar discussed about the strategy for the detection of cancer at early stage by using liquid biopsy. He briefly described the importance of CTCs in cancer care, methods for isolation and detection of the CTCs. During his talk he emphasized on the method of the *ex vivo* culture of the CTC and numbers of CTC found in peripheral blood in different types of cancer such as breast, pancreatic, prostate, colon cancer etc.

45. Mr. Debasis Dash Senior Scientist, CSIR-IGIB New Delhi



23.05.2019

No. of Participants: 38

Proteogenomic Tools and Approaches to Explore Protein Coding Landscapes of Eukaryotic Genomes Dr.

Debasis spoke on basics of proteogenomics and elaborated on different software tools developed by his team for functional genomics and genome data mining. The importance of identification of high-confident peptides through controlling the false discovery rates (FDR), the MassWiz algorithm developed by his team for identification of high-confidence peptide without compromising on the number of assignments.

46.	Dr. Undurti N. Das Chief Scientific Officer UND Life Sciences, Federal Way & Director and Professor Bio Science Research Centre, Hyderabad GUEST LECTURE SERIES	05.07.2019 No. of Participants: 29	Discovery of an endogenous antidiabetic molecule Role of Arachidonic acid (AA) and its metabolites lipoxin A4 (LXA4) and epoxyeicosatrienoic acids (EETs) in preventing type 1 and type 2 diabetes mellitus was discussed. Based on several lines of evidences, it is proposed that a combination of aspirin and AA could be of benefit in the prevention and management of hypertension, pre-eclampsia and diabetes mellitus.		
47.	Dr. Aseem Mishra CEO/Co-founder, Prantae Solutions Khorda, Orissa	22.07.2019 No. of Participants: 45	From Academia to Entrepreneurship — A Journey Speaker shared his journey from academics to being an entrepreneur. During the lecture he discussed about the problems and challenges that are faced during the product development. Participants interacted with the speaker.		
Central Library					
48.	Mr. Santosh Prabhu Assistant Professor and Trainer IPR Practices & Management SDM Law College Mangalore	23.04.2019	Copyright and Intellectual Property Rights		
		Dept: Central Library, YU	The speaker gave an overview of the composition of Copyright and Intellectual Property Rights. He spoke in detail on Patents, Trademarks,		
		No of participants: 68	Service Mark and Copyright.		

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Technology	Incubator
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49. Dr. Guruprasad Rao
Director
Imaginarium India Pvt. Ltd.
Mumbai



05.11.2019

Dept: Technology Incubator, YU

No. of Participants: 66

3D printing in Healthcare: Opportunities and Challenges

Dr. Rao discussed about 3D printing in healthcare and its challenges in medical field. He shared his own experiences about 3D printing usages in prototype design, academic training and stereo-lithography of the titanium steel which was used to replace the injured human body parts.

Yenepoya University Alumni Association

50. Dr. Salfi Ponnankandy,
MD (Emergency Medicine)
Indiana Hospital and Heart Institute
Mangalore



30.11.2019

Dept: YUAA

No. of Participants:107

Beyond ACLS – Have I been doing CPR Wrong in many of patients.

Dr. Salfi stressed on improving the knowledge and skills of CPR, ACLS and role of emergency medicine specialist in managing emergency situations.