Core Activities:

- Talent Search
- Training
- Conducting Sporting events
- Participation in sporting events

Sports Committee:

- The committee shall promote sports activities by motivating students and member's faculty. Promoting Team spirit by making healthy competition. To organize regular sports events in order to train students for states and national level competition. To arrange for better coaching facilities. It is also responsible to make the necessary arrangements for the opening ceremony, victory ceremony and closing ceremony of the games/sports meet. This committee also makes arrangements for trophies, medals and certificates. To prepare sports calendar and an action plan to implement the same.
- To create zeal amongst students and faculty members towards sports. To organize training, coaching and education in sports for everybody so that they can learn to keep themselves physically fit.
- To achieve the goals we plan to organize various competitions in the following sports: cricket, football, basketball, volleyball, and badminton, throw ball, shuttle badminton, Kabaddi, carom, chess and table tennis etc. To make sure smooth conduct of sports events within the college. To maintain record of sports and games events attended by students within the college, university and outside of the region/state. Proper maintenance of sports accessories.
- To provide necessary infrastructure for the sports.
- To take up the responsibility of preparing the budget estimate, requirement of infrastructure equipment, maintaining the equipment and play fields. Selection of teams to represent the college in inter-collegiate tournaments and also the intramural tournaments.
- To prepare the details of attendance exemption to be given to the students representing college in various sports and games.

General Instruction:

- The Physical Education Department functions from 9 . 00 a. m to 5 . 00 p. m on all University working days
- The Field /Indoor activities are open in the morning from 6.30a.m to 8.00a.m and in the evening 3.00p.m to 8.30p.m.
- Separate timings are fixed for girl students for gymnasia and Indoor games.
- The uses of the facilities are required to take care of their personal belongings.
- The uses are to provide identification cards to access the sports facilities.
- Special timings are available for students enrolled in sports quota for extensive training.
- For using sports facilities, the users should wear prescribed dress including footwear.
- Eatables and Beverages except permitted energy drinks/water are not permitted.
- The users have to follow the instruction of the trainers/ coaches to avoid damages to the sports equipment and personal injuries/accidents.