

Certificate Course in Essentials of Palliative Care: Contact Session at 9.00am, Yenepoya Nursing College, Deralakatte, Mangalore.

| | Topics to be covered | Duration | Faculty |
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| Day 1: 28th | | | |
| 1. | Introduction to course, Introducing PC concept | 09.00 -10AM | Dr. Biji |
| 2. | Tea | 10 to 10.15 | |
| 3. | Communication skills | 10.15 AM – 1.15 PM (3 hrs) | Mrs. Alice Stella Verginia |
| 4. | Lunch | 1.15 to 01.45 | |
| 5. | How to write Reflective case History | 1.45 to 2.45 1 hr | Mrs. Alice Stella Verginia/ Dr. Biji |
| 6. | Pathophysiology of Pain | 2.45 to 3.45 1 hr | Dr. Biji |
| 7. | Tea Break | 3.45 to 4 | |
| 8. | Spirituality and Ethics & Visit to hospice | 4 to 5.30 1 ½ hrs | Dr. Laveena Noronha |
| Day 29th | | | |
| 9. | Pain management including WHO ladder, analgesics, Opioids, Neuropathic pain, Difficult pain | 8.30 to 10.00 | Dr. Biji |
| 10. | Tea break | 10.00 to 10.15 | |
| 11. | Nursing Issues | 10.15 to 1.15 | Mrs. Alice Stella Verginia |
| 12. | Lunch | 0115 to 01.45 | |

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| 13. | End of life Issues and Palliative care emergencies | 1.45 to 02.45 | Dr. Biji |
| 14. | Care of the Elderly | 02.45 to 3.30 | Dr. Naveen |
| 15. | Tea | 3.30 to 3.45 | |
| 16. | Symptom management –Respiratory | 3.45 to 4.45 (1 hr) | Dr. Naveen |
| 17. | Symptom management – Gastro Intestinal Problems | 4.45 to 5.45 | Dr. Navenn |