

# **YENEPOYA AYURVEDA MEDICAL COLLEGE & HOSPITAL**



## YENEPOYA AYURVEDA MEDICAL COLLEGE & HOSPITAL



**Dr. Gururaja H.**  
Dean

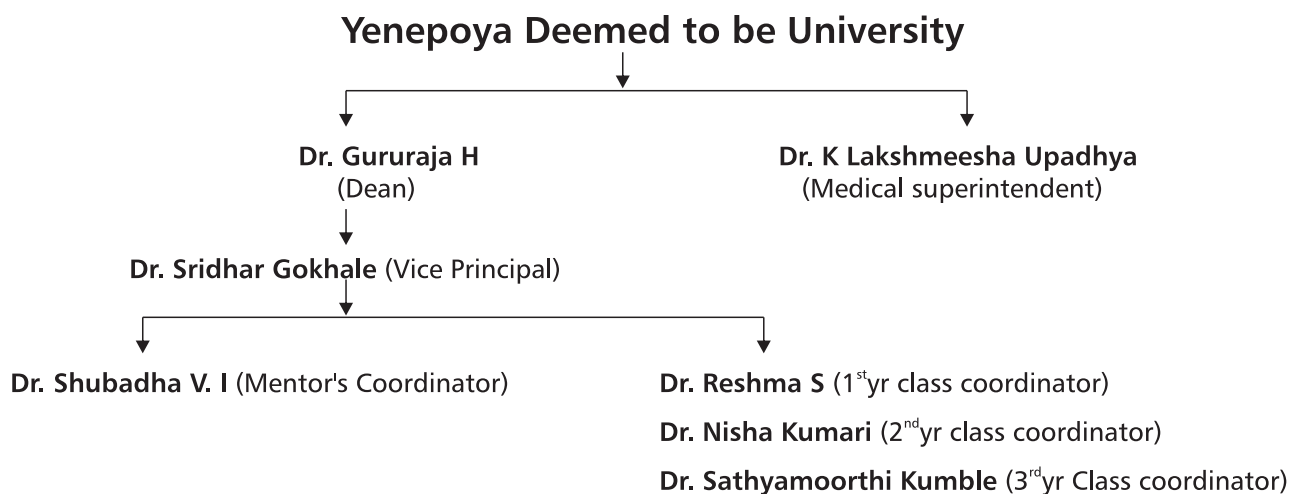
Yenepoya Ayurveda Medical College & Hospital (YAMCH) is a constituent unit of Yenepoya (Deemed to be University) which has carved a niche for itself, with the dedicated efforts of our deeply committed management and experienced teachers. Today's complex health care environment requires multi-faceted physicians, ones who are skilled professionals; excellent communicators; clinical problem solvers; advocates for their patients and communities; well-versed in the scientific basis of medical practice; and confident, self-aware persons. These competencies inform every aspect of curriculum development at YAMCH. Complementing excellence in Ayurvedic medical education and research is our focus on student life. YAMCH offers the tools, resources and, most importantly, personal support that lead students and faculty to describe the environment at YAMCH as uniquely collaborative, supportive and friendly.

**Introduction:** "EkamshastramadheeyanamnavidyathshastranishchayamTasmathbahusrutha: shastramvijaaneeyathchikitsaka: ||" (Su. Su. 4/7)

"Learning one science doesn't make anyone proficient in the subject. A physician must be proficient in all related sciences of life." This is our aim as we venture into the great responsibility of nurturing and grooming the next generation of Ayurvedic physicians. Learning at YAMCH is not just restricted to the age old science of life – 'Ayurveda'. The students are also encouraged to explore and study multifaceted, interdisciplinary curriculum by collaborating with other institutions of Yenepoya University that would immediately integrate the student clinically as well as academically. YAMCH students can further shape their medical education through opportunities to participate in curriculum development and evaluation programmes.

You are coming to this key stage in your professional development at a unique time a future-looking time when the words "hope" and "change" sparkle with a promise not known to earlier generations. Ayurveda system of medicine is emerging as a fundamental healthcare system to our society; the challenges of health care through Ayurveda have never been more stimulating; and the practice of Ayurveda has never been more rewarding. As you embark on this career path, I invite you to consider Yenepoya Ayurveda Medical College & Hospital as an equally exciting and rewarding destination for your career.

## Organization chart



**Vision:** Our vision is to lead the transformation of Ayurvedic health care through quality, innovation and education

**Mission:** The mission of YAMCH is to educate a diverse body of students and advance Ayurvedic system of medicine in a dynamic and collaborative environment. We seek to foster the development of dedicated clinicians, scientists, public health professionals and educators who will have a sustained positive impact on the health of individuals, communities and the world. Objectives

**Executive summary :**

**Faculty Profile :**

No. of Dept.	Name	Designation	Department
1.	Dr. Vidhyaprabha R. Dr. Veena Viswanath	Associate Professor Asst. Professor	Shareera Rachana
2.	Dr. Channabasanna Gaudar Dr. Reshma S. Dr. Laxmi Prasad Dr. Priya S. R Nair	Professor Associate Professor Associate Professor Asst. Professor	Kriya Shareera
3.	Dr. Raghavendra Udupa Dr. Divyarani Dr. Thanusree N. Nair Dr. Kavya Vasudev Dr. Surya Raj Mr. Jnanesh Marathe	Professor Associate Professor Asst. Professor Asst. Professor Asst. Professor Lecturer	Samhita & Siddhanta
4.	Dr. Karishma Dr. Asha Maradka Dr. Arundeeep M.	Professor Professor Assistant Professor	Dravya Guna
5.	Dr. Nisha Kumari Dr. Priya Pradeep Dr. Athulya P.K	Professor Professor Asst. Professor	Roga Nidana

No. of Dept.	Name	Designation	Department
6.	Dr. Sridhar Gokhale Dr. Balakrishna Kumar A. Dr. Rahul Yashawanth	Professor Associate Professor Asst. Professor	Rasa Shastra Evam Bhaishajyakalpana
7.	Dr. Sathyamoorthi Kumble Dr. Sheethal Raj Dr. Rukma C.K	Professor Associate Professor Asst. Professor	Agadatantra
8.	Dr. K. Lakshmeesha Upadhya Dr. Sindhu M A	Professor Associate Professor	Kaumarabhrithya
9.	Dr. Chandrakanth Joshi Dr. Kavya S.R. Dr. Mrudula K.S Dr. Hafsa P. Ahamed	Professor Associate Professor Asst. Professor Asst. Professor	Prasooti Tantra Evam Streeroga
10.	Dr. Aditi P.S Dr. Supriya S. Dr. Sreeraj P	Associate Professor Associate Professor Asst. Professor	Swasthavrutta & Yoga
11.	Dr. Gururaja H. Dr. Adarsh D. Raj Dr. Vasudev R. Dr. Annett Jeevan	Dean/ Medical Supdt Asst. Professor Asst. Professor Deputy Medical Supdt.,	Panchakarma
12.	Dr. Pradeep Kumar Dr. Akshatha K. Bhat Dr. Santhosh K.	Professor Associate Professor Asst. Professor	Shalakya Tantra
13.	Dr. Shubada V.I Dr. Subhash Rai Dr. Sahl M.	Professor Professor Asst. Professor	Shalya Tantra & Athayayika Chikitsa
14.	Dr. Zenica D'Souza Dr. Ajay Bhat U Dr. Shilpa K. Dr. Saritha A.K.	Professor Associate Professor Asst. Professor Asst. Professor	Kaya Chikitsa

- Total teaching Staff : 47
- Guide for PhD: Dr. Zenica D'Souza
- UG students: 100 intakes per year. Total Batches 3, Total students- 300
- Publications: 34
- Student research Project Ongoing - 2

#### Awards/ Accolades

- Dr. Shubada V. I, Dr. Thanusree N. Nair and Dr. Jnanesh Marathe received Best teacher's Award for September 2020

## DEPARTMENT OF SHAREERA RACHANA

**VISION:** To be the centre of excellence in disseminating the knowledge of Shareera Rachana, syncretising the concepts of Ayurveda and anatomy thereby nurturing a new generation of erudite ayurvedic physicians, proficient in applying the concepts in the healing process.

**INTRODUCTION:** Shareera Rachana being one of the fundamental departments of first year curriculum, emphasizes on understanding of human body through theoretical explanation and practical observation through cadaveric dissection. Ayurvedic principles of Shareera like manas, atma, marma, kala etc are also taught in depth. To be a good ayurvedic physician one must understand the founts of Shareera Rachana (anatomy) and Shareera Kriya (physiology). Functional necessity is the cause of structural innovation. The department trains the students in all branches of Human Anatomy using traditional and innovative methods. The facilities meet all the requirements of undergraduate.

### THRUST AREAS

1. Using innovative pedagogy to make learning anatomy interesting.
2. Introducing early clinical exposure to students to enable application of the theoretical knowledge clinically.
3. To explore concepts of *marma* and its application in clinical practice.
4. Expanding the knowledge base of Shareera Rachana through research and documentation of anatomical variations observed.
5. To develop multidimensional learning environment by setting up of state-of-the-art anatomy museum, digital 3D models, virtual reality models etc.
6. To organize workshops, seminars, conferences as a platform to enhance the reach of knowledge.

### Teaching Faculty :



**Dr. Vidhyaprabha R.**



**Dr. Veena Viswanath**

### Faculty Profile:

Sl.No.	Name	Qualification	Designation
1.	Dr. Vidhyaprabha R	B.A.M.S, MD (Ayu) Shareera Rachana	Associate Professor
2.	Dr. Veena Viswanath	B.A.M.S, MD (Ayu) Shareera Rachana	Assistant Professor

## PROGRAMS ORGANIZED /CONDUCTED

Sl. No.	Name of the Program	Brief description of the Event	Date
1.	Samveda. National level webinar	<p>Title- Basic concepts of shareera, <b>First Speaker-</b> Dr. Murlidhar Topic- Anatomy and Physiology- An Ayurvedic Perspective</p> <p><b>Second Speaker-</b> Dr. Jnanesh Marathe, Topic- Essence of samskrita Language in Understanding Shareera Rachana</p> <p><b>Third Speaker-</b> Dr. Ajayan Sadanandan MD, Topic- Basic concepts of Anatomy, Physiology and Pathophysiology of Marma abhigata in Agastyamarma shastra</p> <p><b>Fourth Speaker-</b> K. Leena Pramod, Topic- Preservation and Storage of Wet Specimen for Anatomy Museum</p>	8-10-2020 & 9- 10-2020
2.	Samveda, National level webinar	Basic Concepts of Radiological Anatomy	5-12-2020

## PROGRAMS ATTENDED AS RESOURCE PERSON/PAPER PRESENTATION

Sl. No.	Name of the Faculty	Name of the Event	Title of presentation	Date
1.	Dr. Vidhyaprabha R	40th International Global Ayurveda Conference	Presentation on Management of Plaque Psoriasis (sidhma kushta)	6-2-2021 & 7-2-2021
		Samveda-(National Level Webinar)	Basic Concepts of Shareera as Moderator	8 -10-2020 & 9- 10-2020
		Samveda-(National Level Webinar)	Basic Concepts Of Radiological Anatomy as Moderator	05-12-2020

## PROGRAMS ATTENDED

Sl. No.	Name of the Faculty	Name of the Event	Title of presentation	Date
1.	Dr. Vidhyaprabha. R	Webinar	Food safety day	7-6-2020
		Webinar	'Detox Body & Mind with Scientific Potentials of Ayurveda & Siddha Pranava Yoga	10-6-2020
		Webinar	Quality of life through Yoga	21-6-2020
		Webinar	Kamala Test and Treat	28-07-2020

Sl. No.	Name of the Faculty	Name of the Event	Title of presentation	Date
	Dr.Vidhyaprabha.R	Webinar	Overcoming gender bias stereotype-need of the hour	20-08-2020
		Webinar	breast cancer awareness month	16-10-20
		Webinar	"Consumer protection act in medical profession: A boon or bane?"	23-12-2020
		Webinar	Dravyanusandhan	28-12-2020
		Webinar	Personal & Professional Development	12-02-2021
		Workshop	Carakatatvavabhodini	08-03-2021 to 13-03-2021
		Conference	Yakrit vikara Maladies & remedies on liver disorder	26-03-2021
2.	Dr. Veena Viswanath	Workshop	Carakatatvavabhodini	08-03-2021 to 13-03-2021
		Online workshop	Lavanyam II	20-03-2021& 21-03-2021
		Conference	Yakrit vikara Maladies & remedies on liver disorder	26-03-2021

## PUBLICATIONS

Sl. No.	Name of the Faculty	Publication description in Vancouver style
1.	Dr Vidhyaprabha. R	<ul style="list-style-type: none"> <li>• Management of Plaque Psoriasis(Sidma Kushta)through Ayurvedic intervention- a case report,IJRAP,Vol-11,Issue-3 May-June 2020</li> <li>• Title: Management of Alopecia Areata (Indralupta) By Conventional Ayurvedic Treatment Protocol: A Case Report .World journal of pharmacy and pharmaceutical sciences, vol-9, Issue-7 July2020</li> <li>• Interpretation of Snayu in classical texts based on inferential anatomical explorations, Journal Name- International journal of Research in Ayurveda and pharmacy, Year- 2020, Volume- 11, Issue- 5</li> <li>• Management of Contact Dermatitis by Jaloukavacharana (Leech Therapy): A Case Report International Journal of Health Sciences and Research Vol.11; Issue: 2; February 2021 Website: www.ijhsr.org, ISSN: 2249-9571</li> </ul>



## DEPARTMENT OF SHAREERA KRIYA

**VISION:** To train and develop talented physicians who have thorough knowledge of the basic concepts of the functioning of the human body and mind.

**INTRODUCTION:** "Physiology is the basis of all medical improvement and in precise proportion as our survey of it becomes more accurate and extended, it is rendered more solid". John Gorrie

The aim of teaching undergraduate students human physiology is to provide the student with comprehensive knowledge of the normal functioning of the human body to facilitate an understanding of the physiological basis of health and disease. Understanding the functioning of the human body enables understanding the pathological process and the beneficial course of treatment for an anomaly troubling the body.

### THRUST AREAS:

- Ayurvedic concepts standardization in application.
- Developing sports physiology using Ayurvedic concepts.
- Application of Ayurvedic principals in understanding pain.
- Psychosomatic Stress physiology.
- Understanding Sleep disorders.
- Chrono-biology and Ayurvedic concepts.



### Faculty Profile:

Sl.No.	Name	Qualification	Designation
1.	Dr. Reshma Shettigar	BAMS., MD (Ayu) (Kaya Chikitsa)	Associate Professor
2.	Dr. Priya S R Nair	BAMS., MD (Ayu) (Kriya Sharira)	Assistant Professor

### PROGRAMS CONDUCTED

Sl. No.	Name of the Faculty	Name of the Program	Brief description of the Event	Date
1.	Dr. Vinayak Tayade	Nadi Pareeksha	A webinar on Nadi Pareeksha was conducted	23rd Nov. 2020.

## PROGRAM ATTENDED

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
1.	Dr. Reshma S	National level Panel discussion on Maladies and remedies of Liver disorders	Yakruth Sambhasha	26th March'21
2.	Dr. Priya S R Nair	NAAC committee YAMCH	Personal and Professional development Program	12th February'21
3.	Dr. Priya S R Nair	Rashtriya Ayurveda vidyapeeth (RAV), Central Council of Indian Medicine (CCIM), All India Institute of Ayurveda (AIIA)	National Teachers Training Program in Kriya Sharir	28th to 30th January '21
4.	Dr. Reshma S Dr. Priya S R Nair	Department of Rachana Sharir YAMCH	Samveda 2020	5th Dec.'20
5.	Dr. Reshma S Dr. Priya S R Nair	Department of Agada Tantra YAMCH	Consumer Protection act in Medical profession: a Boon or a Bane	23rd Dec. '20
6.	Dr. Reshma S Dr. Priya S R Nair	Department of Dravya guna vijnana YAMCH	Dravyaanusandhana	28th Dec.'20
7.	Dr. Reshma S Dr. Priya S R Nair	Department of Kriya Sharir YAMCH	Nadi Pareeksha	23rd Nov.'20
8.	Dr. Priya S R Nair	Dept of Kriya Sharira in Belley Shankarpur Rajib Gandhi Memorial Ayurvedic College & Hospital West Bengal	Physiology of CVS in Ayurveda	24th Nov.'20
9.		Department of Rachana Sharir YAMCH	Samveda 2020	8th & 9th Oct. '20
10.		Department of Prasoothi tantra and Stree roga. YAMCH	Breast Cancer Awareness month	16th October '20
11.		Center for health Profession education, Yenepoya University	Basic Course in Technology enriched emerging pedagogical method	1st Sept. '20
12.		Dept of Panchakarma vaidyaratnam Ayurveda college Ollur, Thrissur, Kerala	Scope of Ama pachana prior to panchakarma- a molecular approach	8th and 10th September'20
13		Ministry of AYUSH, govt of India	National webinar on pharmacovigilance of ASU and H drugs AYUSHSURAKSHA- 2020	15th and 16th September'20

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
14	Dr. Priya S R Nair	SDM college of Ayurveda Bangalore	National webinar Kriya Amritha – on the basic principle of Kriya Sharira	15th and 16th September'20
15		NSS unit of Hospital Administration	World patient safety day	17th Sept.'20
16		YAMCH swasthavritha dept.	Preventive aspect of Alzheimers disease through Ayurveda (university level)	19th Sept.'20
17		Ayurveda college Coimbatore	Beginner's guide to scientific publishing (national level)	23rd Sept.'20
18		YNC department of community health nursing	Water quality and testing public health importance (university level)	26th Sept.'20
19		ACHARA and Amrita school of Ayurveda. Kollam Kerala	Laboratory method for ayurveda research (international webinar )	3rd to 5th August'20
20		Department of Samhitha sidhantha of Yenepoya Ayurveda Medical college	Sanskrit day webinar (college level)	3rd August '20
21		Center for health Profession education, Yenepoya University	Basic course in technology enriched emerging pedagogical method	4th August'20
22		MIAER Madhya Pradesh	Marma Science and its therapeutic uses (national webinar)	10th August'20
23		MIAER Madhya Pradesh	Panda sweda and their clinical application (national webinar)	16th August'20
24		-do-	Management of adding through ayurveda (national webinar)	17th August'20
25		-do-	Importance of dose and timing in panchakarma	18th August '20
26		Yenepoya Ayurveda Medical College and Hospital	Kshamatwa- Ayurvedic approach towards prevention and management of Covid- 19 (national webinar)	27th August'20
27		Grameen Ayurveda college Tredal, Karnataka	Ayurveda approach of prasava and its paricharya	1st July'20
28		Practical applicability of para surgical measures (national webinar)		

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
29	Dr. Priya S R Nair	Samanvaya, Talapully Ayurveda hospital Palakkad	Art of cupping	3rd,10th & 17th July'20
30		Madhavbaug	Understanding the novel concept of reversing diabetes through Ayurveda	4th, & 11th July '20 27th June'20
31		MIAER Madhya Pradesh	Common GIT problems in childrens and its managements	6th July'20
32		MIAER Madhya Pradesh	Understanding shadkriya kala	7th July'20
33		MIAER Madhya Pradesh	Understanding the concept of Pachamahabootha in Ayurveda	
34		-do-	Review of snake bite management and heavy metal toxicity	9th July'20
35		YAMCH -Department of Kayachikitsa	Kamala - world hepatitis day	28th July'20
36		ACHARA and Amrita school of Ayurveda. Kollam Kerala	Laboratory method for Ayurveda research	27th to 29th July'20
37		YAMCH, Department of Samhita Sidhanta	World food safety day	7th June'20
38		MIAER Madhya pradesh	Ayurvedic perspective of defence mechanism (immunity) in present scenario.	14th June'20
39		MIAER Madhya pradesh	Concept of dhathu poshsna nyaya and its application	15th June'20
40		MIAER Madhya pradesh	Recent development of pharmacovigilance for ASU & H drugs	20th June'20
41		Kriya ratna 2020. Rajeev Ayurveda college Hassan, Karnataka	Concept and physiological understanding of tridosha	20th June'20
42.		Department of Swasthavritha YAMCH, Mangalore	Quality of life through yoga	21st June'20
43		MIAER Madhya Pradesh	Jiye to jiya kaise corona ke saath bhi aur corona ke baad bhi	23rd June'20
44		Grameen Ayurveda college Tredal, Karnataka	Utharabasthi in gynecological Disorder. Managing menopause by Ayurvedic ways	29th June'20

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
45	Dr. Priya S R Nair	Hridaya ratna 2020 - Rajeev Ayurveda College Hassan, Karnataka	Dividopakrama - a complete treatment of Ayurveda	29th June'20
46		-do-	A comprehensive study of dosadivijnaniya, dosha bhediya, and doshopakramaniya adyaya	-do-
47		-do-	Ritucharya- a way to prevent seasonal disorder	30th June'20
48		Grameen Ayurveda college Tredal, Karnataka	Stanik chikitsa Achieve success in infertility	30th June'20

### PROGRAMS ATTENDED AS RESOURCE PERSON/PAPER PRESENTATION POSTERS/ ORAL PRESENTATION:

Sl. No.	Name of the Faculty	Name of the Event	Title of the Presentation	Date
1.	Dr Priya S R Nair	Webinar	Physiology of CVS in Ayurveda	24th Nov.'20
2.	Dr Priya S R Nair	38th International Global Ayurveda Conference in North America organized by AAPNA. Webinar	Role of Dosha in Arthava Chakra (Menstrual cycle)	11th October '20

### PUBLICATIONS

Sl. No.	Name of the Faculty	Publication
1	Dr. Priya S R Nair	A review Article Physiological understanding of Role of Dosha in Arthava chakra International Journal of Ayurveda and Allied science-AYURPHARM journal ISSN: 2278-4772 Vol-9,no.6(2020) pages 73-79 Issue: September 2020

## DEPARTMENT OF ROGA NIDANA EVAM VIKRUTHI VIJNANA

**VISION:** " Precision in Diagnosis for Accuracy in Treatment"

**INTRODUCTION:** Roga means disease, nidana is implied to diagnosis, Vikruthi Vijnana denotes science of learning morbid body and understanding the disease as well as the patient. This is the department that aims at examining the patient for symptoms, signs and diagnosing the disease which the patient is suffering from. Because proper diagnosis is always the vital aspect in proper and successful treatment of any disease including prediction of the prognosis. Thus the department includes teaching all the diseases, skills of Physical examination, Clinical diagnosis, Laboratory methods as per ancient and contemporary texts and expertise students in the same, to diagnose any disease

### THRUST AREAS:

- Exploring ancient diagnostic methods and understand the rationality behind them.
- Exploring diagnostic methods that take less time to diagnose with accuracy and least budget to the patient.
- Inculcating microbiology, biochemistry and allied science relevant to study disease pathology more effectively
- Periodic upgradation of novel diseases reported by scientific organizations

### TEACHING FACULTY



### Faculty Profile:

Sl.No.	Name	Qualification	Designation
1	Dr. Nisha Kumari	B.A.M.S, MD(Ayu) -Roga Nidana	Professor
2	Dr. Priya Pradeep	B.A.M.S, MD(Ayu)-KayaChikitsa	Professor
3	Dr. Athulya	B.A.M.S, MD(Ayu)-Roga Nidana	Assistant Professor

## PROGRAMS CONDUCTED

Sl. No.	Name of the Faculty /Theme	Name of the Program	Brief description of the Event	Date
1	Kshamatwa	National webinar on Ayurveda approach towards Prevention and management of covid19	4 resource person spoke on disease description in Ayurveda and contemporary science, human immune system and plant research so far in treating covid 19. It was a two day seminar that had registration of 500 delegates	August 27th and 28th 2020
2	Yakruth sambhasha	National level Panel discussion on Maladies and remedies of Liver disorders	5 panelists were asked question with special emphasis to incidence, etiopathogenesis, typical and atypical presentations of liver disorders and method of diagnosis. It also contained medical and surgical remedies, medico legal aspects in liver transplant. The program had 350 delegations nationwide	March 26th 2021

## PROGRAMME ATTENDED: As Resource Person/ Panelist.)

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
1	Dr. Nisha Kumari (As resource Person)	National level webinar-PIA Gujarat	Influence of Indian classical dance on different system of Human Body - Parul Institute of Ayurveda Gujarat	– June 2020
2		National webinar - Lecture series	Influence of cosmic energy on disease causation and curing - KJ institute of Ayurveda and Research, Salvi	June 2020
3		SDM college of Ayurveda webinar series	Interpretation of Laboratory investigation in Ayurveda diagnosis - SDM Ayurveda College udupi.	June 2020
4		National webinar series	Role of Nidana in Chikitsa-AVC Coimbatore	August 2020

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
5	Dr. Nisha Kumari (as Resource person)	Marmaprabodhini -National level webinar on Marma by SDM Ayurveda college, Bangalore	Diagnostic methods to evaluate vyadhi of marma related to madyama rogamarga - SDM institute of Ayurveda Bengaluru,	(Sept. 2020)
6		Organized by At "CHARMA SIDDHI" A National webinar series and A Certified Training Programme on " Ayurvedic Clinical Dermatology" Organized by DIKSHA E-Learning with AVC Coimbatore-	<ul style="list-style-type: none"> <li>• Anatomy and embryological evolution of skin</li> <li>• Physiology and biochemistry of skin in Ayurveda and contemporary science.</li> <li>Pathology of Skin:</li> <li>• Nidana panchaka of twak roga:Analysis of each nidana and samprapthi of skin diseases as per Ayurveda and contemporary science with illustrations.</li> <li>• Pareeksha and chikitsa sutra of twak roga:</li> <li>• General and systemic examination, laboratory diagnosis microbiology and histopathological diagnosis of skin disorders as per Ayurveda and contemporary science with illustrations and line of treatment. (5 talks)</li> </ul>	October 2020
7		"KARMA SIDDHI "A National webinar series and A Certified Training Programme on " Ayurvedic Clinical Diabetology" Organized by DIKSHA E-Learning with AVC Coimbatore.	<ul style="list-style-type: none"> <li>• Enumeration of 20 types of Prameha.</li> <li>• Analysis of diabetes and understanding Prameha in contemporary science: (2 days talk)</li> </ul>	21.12.2020 and 22.12.2020
8		1 st BAMS Student Induction Program	<ul style="list-style-type: none"> <li>• Introduction to Modern Medical Science</li> <li>• Introduction to shalya tantra a specialized branch in Ayurveda</li> <li>• Influence of Dance oh Human health (3 days talk)</li> </ul>	March 2021



Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
9	Dr. Nisha Kumari (as Resource person)	Yakruth Sambhasha - A National level Panel discussion on Maladies and remedies of Liver disorder	<b>PANELIST</b> - Maladies and remedies of Liver disorder	March 2021
10		– Organized by Government of Karnataka department of AYUSH, Hosted by Taranath Government Ayurvedic Medical college and Hospital – Bellary	Bird's eye view on Nidana panchaka of Alziemer's disease in Ayurvedic Perspective	April 24th 2020
1	Dr Priya Pradeep (As Resource person)	Organized by Dept. of Kayachikitsa, Karnataka Ayurveda Medical College, Mangalore.	Concept of Prameha hetu and its samprapthi	June 2020
2		For 1st year M.B.B.S student, Yenepoya Medical College Mangalore	Ayurveda -Indian Health System	March 2021
3		For 1st year B.A.M.S students Student induction program	Orientation & introduction to Ayurveda curriculum	March 2021

#### PROGRAMS ATTENDED ONLY :

Sl. No.	Name of the Faculty	Name of the event	Title of the Presentation	Date
1	Dr. Priya Pradeep	JESTA organized by department of pg studies in kayachikitsa, Ayurveda Mahavidhalaya Hubli	"Kamala- Test and Treat"	28th July 2020
2		Nationa level Webinar conducted by Dept of Kayachikitsa as a part of World Hepatitis Day		
3		College level Webinar conducted by Dept of Samhita and Siddhanta as a part of Food Safety Day		7th June 2020
4		College level Webinar conducted by Dept of Swasthavrutta as a part of International Yoga Day		21st June 2020
5		Hypertension and Heart attack- Scope of SBEBA		8th August 2020
6		State level Online interactive program on Stress management during covid organized by Nationl service scheme, Department of youth empowerment & sports,		17th August2020

Sl. No.	Name of the Faculty	Name of the event	Title of the Presentation	Date
	Dr. Priya Pradeep	Government of Karnataka in collaboration with Yeneploya Deemed to be University		
7		Nature vs Nurture organized by Dept of Psychiatric Nursing		17th August 2020
8		Overcoming Gender bias and stereotypes- Need of the hour Organized by Gender sensitization cell		20th August 2020
9		SBEBA Guidelines on Paediatric Dermatology organized by Team SBEBA Kochi in association with CFAAR and Visraam HSPL		29th August 2020
10		Webinar on Gender perspective in the current context Organized by Gender sensitization cell		3rd Sept. 2020
11		Webinar on Natural products as immune & inflammatory moderator in Atherosclerosis? By Dr. Dipak Ramji organized by Atrimed Pharmaceuticals Pvt Ltd		2nd Sept. 2020
12		Webinar on Hypothyroidism & Hyperthyroidism – scientific guidelines held Organized by Team SBEBA Kochi in association with CFAAR and Vishram HSPL		12th Sept. 2020
13		Webinar on preventive aspect of Alzheimer disease through Ayurveda by Dr Amrita TT organized by Dept. of Swastha vritta YAMCH		19th Sept. 2020
14		Webinar on Leadership and good governance in higher education institution” organized by NAAC Criteria VI, Yeneploya Nursing College		29th Sept. 2020
15		Webinar on 'Human values in curriculum” Organised by NAAC Criteria Yeneploya Nursing College		7th Oct. 2020
16		Webinar on ' Mens mental health ' on International Mens Day Organized by Gender sensitization cell of Yeneploya homeopathic college and hospital		20th Nov. 2020

Sl. No.	Name of the Faculty	Name of the event	Title of the Presentation	Date
17		Science based evidence based approach to PCOS and male fertility organized by Organized by Team SBEBBA Kochi in association with CFAAR and Vishram HSPL		22nd Nov. 2020
1	Dr. Athulya P K	Webinar, Dept of PTSR, YAMCH	Breast cancer awareness month	16th Oct. 2020
2		Webinar, YAMCH	Samveda	
3		Webinar, YAMCH	YakruthSambhasha -A National level Panel discussion on Maladies and remedies of Liver disorder	March 2021
4		Webinar, Dept of Child Health Nursing, YNC Role of parents during pandemic		14th August2020
5		National Webinar Organizer: Seth Govindji Raoji Ayurved College & Hospital, Solapur	National Webinar on Therapy	14th August2020
6		Webinar, vaidyaratnam ayurveda college	Meet The Masters	8th August 2020
7		Webinar, vaidyaratnam Ayurveda College	Ophthalmic Complications Of Diabetes	24th August2020
8		Webinar, Dept of Child psychiatric Nursing, YNC	Nature v/s Nurture	17th August2020
9		Webinar, YAMCH	Kshamatwa	27th and 28th Aug 2020
10		Webinar, Gender Sensitization cell of Yenepoya University	Gender Bias in Healthcare Problems and Solutions	27th August2020
11		Online Guest Lecture Programme, YAMCH	India: A super power in the making	14th August2020
12		Webinar, Gender Sensitization cell of Yenepoya University	Overcoming Gender Bias and Stereotypes - Need of the hour	20th August2020
13		Webinar, YAMCH	Sanskrit Day	3rd August 2020
14		Webinar, SDMCAH, Udupi	Agadavichintana- Consumer Protection Act	12th August2020
15		Webinar, MES Ayurved Mahavidyalaya	Changing Trends in Ayurved Practices due to Impact of COVID-19	5th-7th Aug2020
16		Webinar, Vaidyaratnam Ayurveda college Back to Basics – Dosha Vichara		21st Aug. 2020

Sl. No.	Name of the Faculty	Name of the event	Title of the Presentation	Date
17	Dr. Athulya P K	Webinar, organized by K.S.Varier's Ashtanga Ayurvedics (P) LTD.	Immunity in Ayurveda & immunity enhancing measures in children	30th Aug. 2020
18		Webinar, Organized by Shree RMD College of Ayurveda, Gujarat	Opportunities in ayurveda pharmaceutical sector	20th Aug.2020
19		Webinar, Organized by Vaidyaratnam Ayurveda College	Uterus- Congenital Anomalies	19th Aug. 2020
20		Webinar, GAC, Tripunithura	Triguna- in theory and practice	21st to 22nd Aug. 2020
21		Webinar, Organized by : Indian Academy Degree College, Bangalore	Sports Injury Management- A Scientific Overview	7th Aug. 2020
22		Webinar organized by Organogenik biotech Pvt Ltd.	Relevance of Ayurveda in Pandemic times	15th Aug. 2020
23		Webinar Organized by North eastern institute of Folk medicine, Pasighat Ayurveda in management of respiratory disorders		27th Aug. 2020
24		Webinar, organized by School of Ayurveda, D Y Patil University	Peadiatric Panchakarma- Myths and facts	8th Oct. 2020
25		Webinar, Organized by Dept of Kayachikitsa, YAMCH	Kamala- Test and Treat	28th July 2020
26		Online Lecture, Organized by GAC, Nagpur	Clinical Dermatology	19th July 2020
27		Webinar, Organised by Vaidyaratnam Ayurveda College	Therapeutic Raagas as as universal healer	12th Sept. 2020
28		Panel discussion, YMC	Covid 19- Diagnosis and treatment, Science and non science	18th Sept. 2020
29		Webinar, Organized by Gender sensitization Cell, YU	Gender perspectives in current context	3rd Sept. 2020
30		Webinar, Seth Govindji Raoji Ayurveda college and hospital, Solapur	National Webinar on Rasavaha Srotas especially Pandu	3rd Sept. 2020
31	Webinar, YAMCH	Quality of life through Yoga	21st June 2020	
32	Webinar, YAMCH	Food Safety	7th June 2020	
33	Webinar, Organized by Ayurveda Teachers association of india	NAAC Accreditation	22nd March to 24th March 2021	
34	Webinar, Organized by YNYCH	Naturopathic Medicine and Yoga	8th Feb. 2021	

## PUBLICATIONS

Sl. No.	Name of the Faculty	Publication description in Vancouver style
1	Dr. Nisha Kumari	A study on Influence of Indian classical dance on cardio respiratory wellbeing - International Ayurveda Medical Journal, ISSN; 2320-5091, Volume 8 issue October 2020 pp 4644 - 4648
2	Dr. Nisha Kumari	An Analysis On Mental Wellbeing And Dance Practice W.S.R To Indian Classical Dance Forms I International Ayurvedic Medical Journal, ISSN: 2320-5091, Volume 9, Issue 1 January- 2021 pp 234-238
3.	Dr. Priya Pradeep	A comparative clinical study to evaluate the efficacy of Khadhirashtaka Kwatha and Navakarshaka Kwatha in the management of Vicharchika (Eczema). Int. J. Res. Ayurveda Pharm. 2020;11(4):82-86

## DEPARTMENT OF DRAVYAGUNA

**VISION:** To establish the medicinal properties of unexplored drugs and to conserve endangered plant species.

**INTRODUCTION:** Dravyaguna deals with the study of origin, nature, properties and actions of medicinal plants. It is a complete science of herbal plants. It includes pharmacognosy, pharmacology and therapeutic uses of the plants. Dravya guna vignana also includes the knowledge of quality of dravya, change of properties while in combination with other materials. It also aims to develop Research works for understanding of principles of Ayurvedic Pharmacology and Materia Medica by balancing Classical and Contemporary knowledge. Dravyaguna Department focuses on conservation and cultivation of medicinal plants.

### THRUST AREAS:

- Conservation of endangered plant species.
- Promoting in situ and ex situ conservation of medicinal plants, including rare species.
- Creating awareness on the importance of medicinal plants among the society.
- To make the Institution pharmacy self-sufficient with respect to crude drugs supply for Ayurveda pharmaceuticals.
- To explore the wide range of plant potentials through extensive research.

## TEACHING FACULTY



### Faculty Profile:

Sl.No.	Name	Qualification	Designation
1	Dr. Asha Maradka	B.A.M.S, MD (Ayu) Dravyaguna	Professor
2.	Dr. Karishma	B.A.M.S, MD (Ayu) Dravyaguna	Professor
3	Dr. Arundeeep M	B.A.M.S, MD (Ayu) Dravyaguna	Assistant Professor

### PROGRAMME CONDUCTED: (Conference /Workshop/Guest Lecture etc.)

Sl. No.	Name of the Faculty /Theme	Name of the Program	Brief description of the Event	Date
1.	Vanamahotsava	“Vanamahotsava” and inauguration of Ayur-Vana Nursery	The Ayur-Vana Nursery was inaugurated by Respected Pro VC Dr Raghuvveer, by cutting the creeper which was kept as a barrier. Saplings were planted by Pro Vice Chancellor, Dr. CV Raghuvveer, Dean Dr. Gururaj, and Dr. Lakshmeesh Upadhyia (Medical Superintendent) and all staff members.	6th July 2020
2.	Aatikashaya Distribution Program in association n with Rasashastra and Bhaishajya Kalpana Department	Traditional Aati Kashaya distribution on Aati Amavasya day	On the day of Aati Amavasya, Aati Kashaya was distributed to the Yenepoya Ayush campus staff and public.	20th July 2020
3.	Dravyanusandhana	International webinar on Tradition and science	2 resource person spoke on Herbal drug technology - prospects and problems and health benefits of Turmeric. It was one day webinar that had 89 participants	Dec. 28th 2020

### PROGRAMS ATTENDED ONLY :

Sl. No.	Name of the Faculty	Name of the event	Title of the Presentation	Date
1.	Dr. Asha Maradka	World Hepatitis Day- Webinar	Hepatitis Day-Kamala - Test and treatment organized by Department of Kaya Chikitsa	28th July 2020
		University Level Webinar	Pranayaa and Relaxation practice-Kushalappa Gowda	21th July, 2020

Sl. No.	Name of the Faculty	Name of the event	Title of the Presentation	Date
	Dr. Asha Maradka	Webinar	Forensic Nursing and Humanitarian Forensic - Department of Forensic Science-Jain (Deemed to be) University.	24th July 2020.
		International Webilogue	COVID-19 vis-a vis-Current Forensic Medicine Practice-Conducted by Alpha Forensic Group-India-Forensic Science Organization	25th July 2020
		Webinar	Guidelines and Forensic aspects regarding Management of COVID-19 Dead Bodies-Conducted by Department of Forensic Science-Jain (Deemed to be) University.	10th July 2020
		National webinar	clinical approach of Dravyaguna conducted by Maharashtra Arogya Mandal's Sumatibhai Shah Ayurveda Mahavidyalaya	8th Aug. 2020
		International webinar	Viral diseases and its Ayurveda management - conducted by SRAMC Malladihalli.	11th to 13th August 2020
		Webinar	Immune Modulation & COVID- conducted by Atrimed	16th Aug. 2020
		state level online interactive programme	Stress Management during COVID- conducted by NSS and Yenepoya Deemed to be University	17th Aug. 2020
		National level webinar	Nature V/S Nurture conducted by Dept of Psychiatric Nursing, Yenepoya Nursing College	17th Aug. 2020
		Kshamatwa- National level webinar	Ayurveda approach towards prevention and management of covid 19 by YAMCH.	27th and 28th August 2020
		Webinar series	"Gender Bias in Health care- problems and solutions" organized by gender sensitization cell Yenepoya (deemed to be) University	20th Aug. 2020

Sl. No.	Name of the Faculty	Name of the event	Title of the Presentation	Date
	Dr. Asha Maradka	International webinar series	opportunities and Challenges in Medical Research organized by SDM College of Ayurveda and Hospital Hassan	19th Aug. 2020 to 28th Aug. 2020
		Webinar - National level	Ayurveda in COVID-19 Pandemic on the occasion of Dhanvantari Jayanthi- G S Ayurveda Medical College and Hospital, Pilkhuva, Hapur	Nov. 13th 2020
		Webinar	Nadi Pareeksha-Yenepoya Ayurveda Medical College-University Level	23rd Nov. 2020
		Webinar	Sambhasha-National Ayurveda Day Celebration	Nov. 12th 2020
		National level webinar	Samveda -2020 Title:Consumer Protection Act in Medical Profession- A boon or ban Organizer: Dept of Rachana Shareera Speaker name: Dr. Muralidhar Sharma	23rdDec. 2020
		College level-Personal and Professional development program Place:YAMCH	Title: Research in Ayurveda- Organizer: NAAC Team Speaker name: Dr. Sathyanarayana B	12th Feb. 2021
		College level CME	Title: Charaka tatwabhodini Place:YAMCH Organizer: Department of Samhita and Siddanta	08th March,2021 to 13th March,2021
2.	Dr. Arundeeep M	National level webinar	Samveda -2020 Title:Consumer Protection Act in Medical Profession- A boon or ban Organizer: Dept of Rachana Shareera Speaker name: Dr. Muralidhar Sharma	23rd Dec. 2020
		College level-Personal and Professional development program Place:YAMCH	Title: Research in Ayurveda- Organizer: NAAC Team Speaker name: Dr. Sathyanarayana B	12th Feb. 2021



Sl. No.	Name of the Faculty	Name of the event	Title of the Presentation	Date
	Dr. Arundeeep M	College level CME	Title: Charaka tatwavabhodini Place:YAMCH Organizer: Department of Samhita and Siddanta	08th March,2021 to 13th March 2021
		National Level CME for Ayush teachers on Dravyaguna Vignana	CME for Ayush teachers on Dravyaguna Vignana Place: SDM college of Ayurveda Udupi Organizer: Ministry of Ayush, New Delhi, CRAV New Delhi and SDM college of Ayurveda Udupi	15th March 2021 to 20th March 2021
3.	Dr. Karishma	College level-Personal and Professional development program Place:YAMCH	Title: Research in Ayurveda Organizer: NAAC Team Speaker name: Dr. Sathyanarayana B	12thFeb. 2021
		College level CME	Title: Charaka tatwavabhodini Place:YAMCH Organizer: Department of Samhita and Siddanta	08th March,2021 to 13th March,2021

## PUBLICATIONS

Sl. No.	Name of the Faculty	Publication description in Vancouver style
1	Dr. Arundeeep M	Experimental study of Elletonia reheedii Wight. Leaf for its dermal toxicity. International Ayurveda Medical Journal, ISSN; 2320-5091, Volume 9 issue 01 January 2021 pp 175 - 178

## DEPARTMENT OF SAMHITA AND SIDDHANTA

**VISION:** To establish excellence in basic concepts explained in the Samhita and to conduct outstanding research.

**INTRODUCTION:** Samhita & Sidhhanta department is the foundation of whole Ayurveda. Samhita means classical texts or ancient layer of text in Vedas, Siddhant means basic principles. So Samhita literally means to arrange together in union. All the basic principles of Ayurveda together explained in Samhitas. This department imparts the knowledge and understanding of basic texts on Ayurveda along with history of Ayurveda and Sanskrit [language]. This is the department that aims at teaching Sanskrit Language, metaphysical aspects of Ayurveda, the clinical application for detoxification procedures (Panchakarma), fundamental of Ayurveda deals with different domains of health and disease, Prevention and cure.

## THRUST AREAS:

- To study original texts of Ayurveda.
- Comprehension and application of Basic Principles of Ayurveda in clinical practice.
- To establish excellence in basic concepts explained in the Samhitas and to conduct outstanding research.
- To study and to do the research of original manuscripts which are yet unexplored.

## TEACHING FACULTY



## Faculty Profile:

Sl.No.	Name	Qualification	Designation
1	Dr. Raghavendra Udupa	B.A.M.S, MD(Ayu) Samhita and Siddhanta	Professor
2	Dr. Divyarani	B.A.M.S, MD(Ayu) Samhita and Siddhanta	Associate Professor
3	Dr. Thanusree N Nair	B.A.M.S, MD(Ayu) Samhita and Siddhanta	Assistant Professor
4	Dr. Jnanesh Marathe	M.A., B.Ed.,M.Phil.,Ph.D.	Lecturer

## Programs organized/Conducted

Sl. No.	Name of the Faculty /Theme	Name of the Program	Brief description of the Event	Date
1	Dr. Raghavendra Udupa Dr. Divyarani Dr. Thanusree N Nair Dr. Jnanesh Marathe	World Food Safety Day  Sanskrit Day	Resource person spoke on आहार (AHARA) – The Life of Life; Perspective of Charaka Samhita.  Resource person explained the vastness of Sanskrit Literature, its importance in Ayurveda and how it loses its actual meaning in translated texts and	07 June 2020  03 Aug. 2020

Sl. No.	Name of the Faculty /Theme	Name of the Program	Brief description of the Event	Date
			original texts through some examples.	
	Charaka Tatwavabodhini		Three resource persons recited the entire 12 chapters, which is called as Shloka Parayana, followed by its meaning, explanation of application in Chikitsa or treatment.	08 March 2021 to 13 March 2021
		Sanskrit Language Learning Programme	It is value added course was held for 10 days. Each day there were two hour classes. These classes were engaged by three well trained tutors from Sanskrit Bharati.	18 March 2021 to 29 March 2021
2	Dr. Jnanesh Marathe	Online Guest Lecture Programme	Independence Day, NSS Unit	14th Aug. 2020
		Fit India Freedom Run	Yoga Session - Physical activity programme	23rd Sept. 2020
		5th National Ayurveda Day Programme	Ayurveda Day celebration	12th Nov. 2020

### PROGRAMS ATTENDED :

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
1	Dr. Divyarani	Online Seminar on International level	"Madhumeha 2020 - 360 Zoom On Diabetes Mellitus,"	15th June to 18th June 2020
		National level Webinar	Covid 19 – Principles and Practices"	14th June 2020
		National webinar	International Day of Yoga	21st June 2020
		National Webinar	Hridaya Ratna 2020"on Ashtanga Hridaya	29th June to 1st July 2020
		National webinar	World Hepatitis Day	28th July 2020
		National level Webinar	Kshamatwa	27th& 28th Aug. 2020
		National webinar	Gender Bias in Healthcare Problems and Solutions	27th Aug. 2020
		Online Guest Lecture Programme	India: A super power in the making	14th Aug. 2020

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
	Dr. Divyarani	National webinar	Overcoming Gender Bias and Stereotypes - Need of the hour	20th Aug. 2020
		Faculty Development Programme (FDP)	Managing Online Classes and Co-creating MOOCS 3.0	25th July 2020 10th Aug. 2020
		National webinar	Gender Perspectives in the current context	03rd Sept. 2020
		State level Online Programme	World Patient Safety Day 2020	17th Sept. 2020
		Webinar	Techniques and Exam Preparation	16th to 19th Sept. 2020
		National webinar	Covid - 19 - Diagnosis and Treatment; Science & Non - Science	18th Sept. 2020
		National webinar	Preventive Aspects of Alzheimer's Disease through Ayurveda	19th Sept. 2020
		National webinar	How to write a winning grant proposal	21st Sept. 2020
		National webinar	Remedial measures for slow learners	24th Sept. 2020
		National webinar	Leadership and good governance in higher education institution	26th Sept. 2020
		National webinar	Emerging trends in quality education – The role of IQAC in governance, Leadership & Management	29th Sept. 2020
		National webinar	“Pandemics: Do They Change How we Address Age and Ageing?”	1st Oct. 2020
		National webinar	“Fit India Movement : The first step to fitness	2nd Oct. 2020
			Human Values in Curriculum”	7th Oct. 2020
		National webinar	“Breast Cancer Awareness Month”	16th Oct. 2020
		National webinar	“Swasthapaka 2020, Diet in COVID-19”	20th Oct. 2020
		National webinar	“E Content development - SWAYAM	22nd Oct. 2020
		National webinar	“Tatvaprabodhini”, Ayurveda for COVID-19 Pandemic	4th to 10th Nov. 2020
		National Awareness Workshop	UGC-DAE CSR Facilities	9th to 12th Nov. 2020
		National webinar	Ayurveda for COVID-19 Pandemic,	November 2020
	State level Online Programme	Awareness on Retinopathy of Prematurity”	17th Nov. 2020.	
	National level Webinar	“NadiPareeksha	23rd Nov. 2020	
	National level webinar	“Samveda 2020	5th Dec. 2020	
	National webinar	Consumer Protection Act in Medical Profession: A Boon or Bane?”	23rd Dec. 2020	

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
	Dr. Divyarani	webinar	“Dravyanusandhana	28th Dec. 2020
		National webinar	“Personal and Professional Development Programme”	12th Feb. 2021
		Fourth Global Ayurveda Festival-Virtual Conference & Expo.International Ayurveda Seminar		March 12-19, 2021
		National level	National Teachers Training Programme in the subject of Padartha Vigyan,	18th March 2021 to 20th March 2021
		Online National level Panel Discussion	Yakruth Vikara – Maladies and Remedies of Liver Disorder”	26th March 2021
		Guest Lecture on	World Autism Awareness Dayheld on	1st April 2021
		College level webinar	Safe Motherhood: A matter of Human Rights and Social Justice	17th April 2021
		National level webinar	Samhita Avalokan	23rd April 2021
2		Dr. Thanusree N Nair	National Webinar	on Ashtanga HrudayaHridayaratna 2020
	National Level		Webinar Series	6th July to 9th July 2020.
	National webinar		World Hepatitis Day	28th July 2020
	Webinar		Kshamatwa	27th& 28th August 2020
	National Webinar		Gender Bias in Healthcare Problems and Solutions	27th Aug. 2020
	Webinar Online Guest Lecture Program		India: A super power in the making	14th Aug. 2020
	Webinar		Overcoming Gender Bias and Stereotypes - Need of the hour	20th Aug. 2020
	National Webinar		Agadavichintana- Consumer Protection Act	12th Aug. 2020
	National Webinar		Changing Trends in Ayurved Practices due to Impact of COVID-19	5th Aug. to 7th Aug. 2020
	National Webinar		Back to Basics – Dosha Vichara	21st Aug. 2020
	National Webinar		Immunity in Ayurveda & immunity enhancing measures in children	30th Aug. 2020
	National Webinar		Marma Therapy	14th Aug. 2020
	National Webinar		Nature v/s Nurture	17th Aug. 2020

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
	Dr. Thanusree N Nair	International Webinar	Opportunities in Pharmaceutical Sector	20th Aug. 2020
		National Webinar	Ophthalmic Complications Of Diabetes	24th Aug. 2020
		National Webinar	Role of parents during pandemic	14th Aug. 2020
		National Webinar	Ayurveda in the Management of Respiratory Disorders	27th Aug. 2020
		National Webinar	Sports Injury Management- A Scientific Overview	7th Aug. 2020
		National Webinar	Teaching Methodology in Ayurveda - Shalakyas	2nd Aug. 2020
		National Webinar	Triguna- in theory and practice	21st and 22nd Aug. 2020
		National Webinar	Uterus- Congenital Anomalies	19th Aug. 2020
		National Webinar	Role of Agadatantra in Present scenario	8th Aug. 2020
		National	Webinar Series	6th Aug. to 8th Aug. 2020
		National Webinar	Gender perspectives in the current context	3rd Sept. 2020
		National Webinar - CME	Psychopathology	10th Sept. 2020
		National Webinar	Rasavahasrotas - Pandu	3rd Sept. 2020
		National Webinar	Scope of Aamapachana prior to Panchakarma	8th Sept. 2020
		National Webinar	Functional Areas of Cerebral Cortex & their clinical importance	11th Sep. 2020
		National Webinar	Kriyakaal - 2020	7th Sept. 2020
		National Webinar	Therapeutic Raagas as a Universal healer	12th Sept. 2020
		National Webinar	World Patient Safety Day 2020	17th Sept. 2020
		National Webinar	Kriya Amrutha	15th & 16th Sept. 2020
		National Webinar	Covid - 19- Diagnosis & treatment, Science & Non science	18th Sept. 2020
		National Webinar	Indian Constitution - Salient features	21st Sept. 2020
		National Webinar	Preventive Aspect of Alzheimer's through Ayurveda	19th Sept. 2020
		National Webinar	Fundamental Rights, Duties & Responsibilities of citizens	22nd Sept. 2020
		National Webinar	NAAC Accreditations HELs	7th Sept. 2020
		National Webinar	Remedial Measures for Slow Learners	24th Sept. 2020
		National Webinar	How to write a winning grant proposal	21st Sept. 2020
		National Webinar	Inculcating Values among Students	19th Sept. 2020
		National Webinar	Fit India Freedom Run	23rd Sept. 2020

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
	Dr. Thanusree N Nair	5th National Ayurveda Day Programme	Ayurveda Day Celebration	12th Nov. 2020
		Institutional level webinar	"MEN'S MENTAL HEALTH" on the occasion of International Men's Day	20th Nov. 2020
		National level webinar	"Consumer Protection Act in Medical Profession: A Boon or Bane?"	23rd Dec. 2020
		International webinar"	Dravyanusandhana"	28th Dec. 2020
		National level webinar"	Importance of Research"	23rd April 2021
3	Dr. Jnanesh Marathe	Webinar	Tools and resources for online Sanskrit Learning	2nd May 2020
		Webinar	Assessment & Accreditation as a Measure of Internal Quality in HEI's	19th May 2020
		One-week International Faculty Development Programme	Technology Assisted Teaching and Virtual Learning through ICT tools	25th May to 30th May 2020
		Three Day Online Workshop	Online Course Design, Development and Delivery	29th May to 31st May 2020
		Webinar	International Day of Yoga	21st June 2020
		Webinar	World Hepatitis Day	28th July 2020
		Webinar	Overcoming Gender Bias and Stereotypes - Need of the hour	20th Aug. 2020
		Online Guest Lecture Programme	Interactive Programme on Stress Management During Covid	17th Aug. 2020
		Online Training Programme	Online Interactive Virtual Training	20th Aug. 2020
		Webinar	Kshamatwa	27th & 28th Aug. 2020
		Webinar	Gender Perspectives in the current context	03rd Sept. 2020
		Webinar	Obtaining and managing research grant successfully	16th Sept. 2020
		Webinar	World Patient Safety Day 2020	17th Sept. 2020
		Webinar	Inculcating values among students through education	19th Sept. 2020
		Webinar	How to write a winning grant proposal	21st Sept. 2020
	Webinar	Remedial measures for slow learners	24th Sept. 2020	

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
	Dr. Jnanesh Marathe	Webinar	Emerging trends in quality education-The role of IQAC in Governance, Leadership and Management	29th Sept. 2020
		Webinar	Leadership and good governance in higher education institution	26th Sept. 2020
		Webinar	Human Values in Curriculum	7th Oct. 2020
		Webinar	Samvedah	8th & 9th Oct. 2020
		Webinar	Breast Cancer Awareness Month	16th Oct. 2020
		Webinar	DELNET Networked Resources and Services	18th Nov. 2020
		Webinar	Consumer Protection Act in Medical Profession: A Boon or Bane?	23rd Dec. 2020
		Webinar	Dravyanusandhana	28th Dec. 2020
		Webinar	Naturopathic Medicine and Yoga	8thFeb. 2021
		Online Guest Lecture Programme	Alumni guest lecture on Microplastics: All we know till now and the way out	20th Feb 2021
		Webinar	Personal and Professional Development Programme	12th Feb. 2021
		Induction/Orientation Programme	Faculty in Universities/Colleges/Institutes of Higher Education	11th Feb. 2021 to 13th March 2021
		National Teachers Training Programme	Sanskrit	8th Feb. 2021 to 10th Feb. 2021
		Interdisciplinary Refresher Course/ FDP	Advanced Research Methodology Tools and Techniques	30th Jan. 2021 to 14th Feb. 2021

### PROGRAMS ATTENDED AS RESOURCE PERSON/PAPER PRESENTATION

Sl. No.	Name of the Faculty	Name of the Event	Title of Presentation	Date
1	Dr. Raghavendra Udupa (Resource Person)	Charaka Tatwavabodhini	Charaka Samhita Parayana	3rd March 2021 to 13th March 2021
2	Dr. Divyarani (Paper Presentation)	Fourth Global Ayurveda Festival- Virtual Conference & Expo.	AYURVEDIC PERSPECTIVE FOR STRENGTHENING HOST DEFENSE SYSTEM	12th March 2021 to 19th March 2021
3	Dr. Jnanesh Marathe (Resource Person)	Samvedah	Essence of Samskrita Language in Understanding Shareera Rachana	8th Oct. 2020
		Student Induction Programme	Orientation and Introduction to Ayurveda Curriculum	1st March 2021 to 28th March 2021



## PUBLICATIONS

Sl. No.	Name of the Faculty	Publication description in Vancouver style
1	Dr. Divyarani	A Detailed Analysis of the Gynecological Diseases Based on Chaturvidha Garbhotapatti Samagri: A Review, International Ayurvedic Medical Journal, ISSN No: 2320 – 5091, Volume: 08, Issue 08, August 2020

## DEPARTMENT OF RASASHASTRA EVAM BHAISHAJYA KALPANA

**VISION:** To Meet Challenges in the Ayurvedic Pharmaceuticals especially about Standardization of Herbal and Mineral formulation to meet the Global need.

**INTRODUCTION:** Department of Rasashsatra & Bhaishajya Kalpana (Iatrochemistry & Ayurvedic Pharmaceutical Science) deals with preparation of herbal, mineral & herbo-mineral formulations. The Department is fully equipped with various instruments, specimens, models, charts. All essential practical are carried out in the Laboratory as per syllabus. Department has own teaching pharmacy, where students can learn and prepare various types of Ayurvedic medicines such as Kashaya, Churna, Vati, Guggulu, Asava-arishta, Sneha kalpa, Kshar and lavana, Lauh, Avaleha, Kupipakva rasayana.

### THRUST AREA:

- Medicine preparation
- New formulation
- Research

### TEACHING FACULTY :



### Faculty Profile:

Sl.No.	Name	Qualification	Designation
1.	Dr Sridhar Gokhale	BAMS, MD (Ayu) Bhaishajya kalpana	Vice Principal & Professor
2.	Dr Balakrishna Kumar	ABAMS, MD (Ayu) Bhaishajya kalpana	Associate Professor
3.	Dr Rahul Yashavanth	BAMS, MD (Ayu) Rasa shastra	Assistant Professor

## PROGRAMS ATTENDED :

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
1	Dr. Balakrishna Kumar A	CME	Participated in World Autism Awareness Day	1/ 04/2021
2	Dr. Sridhar Gokhale	National naturopathy Day	National Symposium	18/11/2020
3	Dr. Sridhar Gokhale	5th National Ayurveda Day	Ayurveda for COVID-19 Pandemic	12/11/2020
4	Dr. Sridhar Gokhale	Basic Course in Technology enriched Emerging pedagogical Methods	Gurudakshata programme	August – Sept. 2020
5	Dr. Balakrishna Kumar A	Basic Course in Technology enriched Emerging pedagogical Methods	Gurudakshata programme	August - Sept. 2020
6	Dr. Sridhar Gokhale	Virtual Work shop	Development of Herbal Cosmetics	18/09/2020
7	Dr. Sridhar Gokhale	Webinar	Preventive Aspects of Alzheimer's Diseases through Ayurveda	19/09/2020
8	Dr. Sridhar Gokhale	KSHAMATWA	Ayurveda Approach Towards Prevention and management of Covid 19	27th& 28th August 2020
9	Dr. Balakrishna Kumar A	KSHAMATWA	Ayurveda Approach Towards Prevention and management of Covid 19	27th& 28th August 2020
10	Dr. Sridhar Gokhale	Guest lecture	Independence day	14/08/2020
11	Dr. Sridhar Gokhale	Webinar	Nature vs Nurture	17/08/2020
12	Dr. Balakrishna Kumar A	webinar	Sanskrit Day0	3/08/2020
13	Dr. Sridhar Gokhale	65th foundation day IPGT &RA, Jamnagar	Teaching in Ayurveda, Scopes and Challenges	20/07/2020
14	Dr. Sridhar Gokhale	World hepatitis Day	Kamala- Test and threat	28/07/2020
15	Dr. Balakrishna Kumar A	World hepatitis Day	Kamala- Test and threat	28/07/2020
16	Dr. Sridhar Gokhale	Webinar	World food safety Day	07/06/2020
17	Dr. Balakrishna Kumar A	webinar	World food safety Day	07/06/2020
18	Dr. Sridhar Gokhale	Yoga Day	Quality of life through Yoga	21/06/2020

## PUBLICATIONS

Sl. No.	Name of the Faculty	Publication description in Vancouver style
1	Dr. Sridhar Gokhale	A COMPARATIVE STUDY ON SANDHANA PRADESHA (FERMENTATIVE AREA) W.S.R TO KUTAJARISTA In IJRAP (July-August 2020)
2	Dr. Rahul Yashawanth	A Critical review on Bhasma and Nanomedicine, International Journal of research In Ayurveda and Pharmacy, 11(4), 2020, ISSN 2229 -3566.
3	Dr. Rahul Yashawanth	Role of Acupuncture and Ayurveda in the management of sukhra dusthi – A case study, World Journal of Pharmaceutical research, Volume 9, Issue 8,1552-1558, ISSN 2277-7105.
4	Dr. Rahul Yashawanth	Kshara Kalpana – A contribution to present medical practice – International Journal of Ayurveda and Integrated Medical Science, ISSN 2456 -3110,Mar- Apr, Vol 5, Issue 2.

## DEPARTMENT OF KAUMARABHRITYA

**VISION:** To provide an excellent clinical experience in the management of pediatric patients of all ages with a broad spectrum of illness and injuries.

**INTRODUCTION:** Kaumarabhritya is an important clinical branch of Ayurveda, which aims at imparting traditional, qualitative, professional scientific education to create doctors qualified in pediatric practice and providing quality patient care to neonates and children.

### THRUST AREAS:

- Teaching
- Sharing clinical experiences
- Training students in neonatal and pediatric care

### TEACHING FACULTY



### Faculty Profile:

Sl.No.	Name	Qualification	Designation
1	Dr. K. Lakshmeesha Upadhya	BAMS,MD (Ayu) Kaumarabhritya	Professor
2	Dr. Sindhu.M.A.	BAMS,MD (Ayu) Kaumarabhritya	Associate Professor

## PROGRAMS ATTENDED :

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
1	Dr. K. Lakshmeesha Upadhya	Webinar	1. Preventive Aspects of Alzheimer's Disease through Ayurveda 2. How to write a winning grant proposal 3. Remedial measures for slow learners 4. Diagnostic approach to neonatal Emergencies 5. Science behind Swarnaprashana 6. Pandemics: Do they change How we Address Age and Ageing? 7. Samveda 2020 8. Ayurveda for Mental health 9. Pharmacovigilance 10. Breast Cancer Awareness Month 11. Ayurveda in covid-19 pandemic 12. 5th National Ayurveda Day Programme 13. Role of Ayurveda in Diverse Pediatric Respiratory Challenges 14. DELNET Networked Resources and Services 15. Nadi Pareeksha 16. Samvedha 2020 17. Consumer protection act in medical profession: A Boon or Bane? 18. Dravyanusandhana 19. Naturopathic medicine and Yoga 20. Research in Ayurveda 21. Charaka Tatwabodhini 22. World Tuberculosis Day	19th Sept. 2020  21st Sept. 2020 24th Sept. 2020 30th Sept. 2020  28th Sept. 2020  9th Oct. 2020 10th Oct. 2020  15th Oct. 2020 16th Oct. 2020 5th Nov. 2020  12th Nov. 2020  13th Nov. 2020 18th Nov. 2020 23rd Nov. 2020  5th Dec. 2020  23rd Dec. 2020 28th Dec. 2020 2nd Feb. 2021 12th Feb. 2021 8th to 13 March 2021 26th March 2021
2	Dr. Sindhu. M. A.	Webinar	1. Diagnostic approach to neonatal Emergencies 2. Kaumarsneha-Pediatric Panchakarma Myths and Facts 3. Breast Cancer Awareness Month 4. E content development –Swayam	30th Sept 2020  8th Oct. 2020  22nd Oct. 2020 31st Oct. 2020

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
			5. women of wisdom (wow) and vaidhyamitam Ayur- E- Learning Platform	12th Nov. 2020
			6. 5th National Ayurveda Day Programme	23rd Nov. 2020
			7. Nadi pareeksha	5th Dec. 2020
			8. Samvedha 2020	23rd Dec. 2020
			9. Consumer protection act in medical profession: A Boon or Bane?	28th Dec. 2020
			10. Dravyanusandhana	8th Feb. 2021
			11. Naturopathic medicine and Yoga	12th Feb. 2021 26th Feb. 2021
			12. Research in Ayurveda	
			13. Yakruith Sambhasha	

### Programs organized/Conducted

Sl. No.	Name of the Faculty	Name of the Program	Brief description of the Event	Date
1	Dr. K. Lakshmeesha Upadhya Dr. Sindhu.M.A.	1. Suvarnaprashana Abhiyana	An ancient method of administering Gold to the children to enhance immunity and higher brain functions of children.	12th Nov. 2020
		2. Guest Lecture on the occasion of World Autism Awareness day	Understanding ASD's and Ayurvedic approach towards its management by Dr. Prasanna Keshav.B Associate Professor Karnataka Ayurveda Medical College, Mangalore	1st April 2020

### PROGRAMS ATTENDED AS RESOURCE PERSON/PAPER PRESENTATION

Sl. No.	Name of the Faculty	Name of the event	Title of the Presentation	Date
1	Dr. K. Lakshmeesha Upadhya	1. Development of Tool and Techniques for assessment of Prakriti in children"	Study of Prikriti in newborns based on Psychosomatic considerations	12th Jan 2021
		2. Student Induction Program, Orientation and Induction to Ayurveda Curriculum	Introduction to Ayurveda	12th March 2021
2	Dr. Sindhu. M. A	Student Induction Program, Orientation and Induction to Ayurveda Curriculum	Introduction to Kaumarabhritya	24th March 2021

## DEPARTMENT OF PRASUTI TANTRA EVAM STREE ROGA

**VISION:** To provide access to quality higher education, ensuring equality, to create a vibrant knowledge capital and to create inspiring leaders of tomorrow who can take this country to the forefront of the developed nations

**INTRODUCTION :** Prasutitantra and streeroga is an important clinical branch of Ayurveda, which aims at producing graduates, having profound knowledge of various stages in life of a woman including menstruation, pregnancy, labour, puerperium, both normal and abnormal, its management along with extensive practical training

### TEACHING FACULTY



#### Faculty Profile:

Sl.No.	Name	Qualification	Designation
1	Dr. Chandrakanth Joshi	BAMS, MD (Ayu)	Professor
2	Dr. Kavya. S R	BAMS, MS (Ayu)	Associate professor
3	Dr. Mrudula. K S	BAMS, MS (Ayu)	Assistant Professor
4	Dr. Hafsa. P. Ahamed	BAMS, MS (Ayu)	Assistant Professor

#### PROGRAMS ATTENDED :

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
1	Dr. Mrudula. K S	WEBINAR	Women's health care and AYUSH guidelines in the present scenario	1st May 2020
2		WEBINAR	"Yoni vyapath and Infertility	9th May 2020
3		WEBINAR	Menstrual Disorders	13th May 2020
4		WEBINAR	Challenges in management of Pediatric diseases	16th May 2020
5		WEBINAR	Clinical Application of Tantrayukti	29th May 2020
6		WEBINAR	Role of Ayurveda and Yoga in COVID 19 pandemic crisis	4th June 2020
7		WEBINAR	World food safety day	7th June 2020

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
8	Dr. Mrudula. K S	WEBINAR	Indriya Shareeram	June 2020
9		WEBINAR	Series of Kayachikitsa	12th June 2020
10		WEBINAR	MADHUMEHA- 2020	15th June 2020
11		WEBINAR	Quality of life through Yoga	21th June 2020
12		QUIZ	Yoga awareness	JUNE 2020
13		WEBINAR	VISHA CHIKITSA PARVA	6th July 2020
14		WEBINAR	Ashtanga Hrudaya	01st July 2020
15		WEBINAR	Clinical Dermatology in Agadatantra perspective	19th July 2020
16		WEBINAR	Immunity Boosting through Anandakriya	27th July 2020
17		WEBINAR	World Hepatitis day	28th July 2020
18		WEBINAR	Stanyamritam	01st Aug. 2020
19		WEBINAR	Ophthalmic complication of Diabetes	24th Aug. 2020
20		WEBINAR	Understanding tiny infectious agents- Viruses	28th Aug. 2020
21		WEBINAR	Doshavichara	21st Aug. 2020
22		WEBINAR	Uterus congenital anomalies	19th Aug. 2020
23		WEBINAR	Triguna- in theory and practice	21st Aug. 2020
24		WEBINAR	Agadavichintana- Mantra chikitsa	19th Aug. 2020
25		WEBINAR	Guest lecture on the occasion of Independence day	14th Aug. 2020
26		WEBINAR	sports injury management- A scientific overview	07th Aug. 2020
27		WEBINAR	Ayurvisibility- try to the best known	20th Aug. 2020
28		WEBINAR	Agadavichintana- Consumer protection act	12th Aug. 2020
29		WEBINAR	Kshamatwa - 2020- Ayurvedic approach towards prevention and management of COVID 19	27th Aug. 2020
30		WEBINAR	Anovulation and Infertility- A Holistic approach	13th Sept. 2020
31		WEBINAR	ASHTA SAMSKARA OF PARADA	14th Sept. 2020
32		WEBINAR	FUNCTIONAL AREAS OF CEREBRAL CORTEX AND THEIR CLINICAL IMPORTANCE	11th Sept. 2020
33		WEBINAR	MENSTRUAL ABNORMALITIES- AN AYURVEDIC APPROACH	30th Sept. 2020
34		WEBINAR	PCOS AN AYURVEDIC APPROACH	19th Sept. 2020
35		WEBINAR	PRINCIPAL AND PRACTICE IN MALE INFERTILITY	28th Sept. 2020
36		WEBINAR	THERAPEUTIC RAAGAS AS A UNIVERSAL HEALER	12th Sept. 2020

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date	
37	Dr. Mrudula. K S	WEBINAR	SCOPE OF AMAPACHANA PRIOR TO PANCHAKARMA – MOLECULAR APPROACH	08th Sept. 2020	
38		WEBINAR	AYURVEDIC HEALTH CONCEPTS A SPECIAL FOCUS ON COVID 19	12th Sept. 2020	
39		WEBINAR	GENDER SENSITIZATION: GENDER EQUALITY AND EMERGING TRENDS	23rd Sept. 2020	
40		WEBINAR	ACUTE AND CHRONIC DISEASE TREATMENT IN AYURVEDA	17th Sept. 2020	
41		WEBINAR	WATER QUALITY AND TESTING- PUBLIC HEALTH IMPORTANCE	26th Sept. 2020	
42		WEBINAR	Breast cancer awareness month	16th Oct. 2020	
43		WEBINAR	human values in curriculum	07th Oct. 2020	
44		WEBINAR	samveda08/10/2020		
45		WEBINAR	E Content development- Swayam	22nd Oct. 2020	
46		WEBINAR	Ayurvedic understanding of Ovarian cyst	17th Oct. 2020	
47		WEBINAR	Laparoscopically assisted vaginal hysterectomy	01st Oct. 2020	
48		WEBINAR	DELNET Networked Resources and Services	18th Nov. 2020	
49		WEBINAR	Role of Homeopathy in third trimester of pregnancy	11th Nov. 2020	
50		WEBINAR	Ayurveda for COVID 19 pandemic	12th Nov. 2020	
51		WEBINAR	Men's Mental health	20th Nov. 2020	
52		WEBINAR	Ayurveda in Covid 19 pandemic	07th Nov. 2020	
53		WEBINAR	NadiPariksh	23rd Nov. 2020	
54		WEBINAR	Manasaroga in general practice	20th Dec. 2020	
55		WEBINAR	Consumer protection act in medical profession: A boon or bane?	23rd Dec. 2020	
56		WEBINAR	Samveda 2020	05th Dec. 2020	
57		WEBINAR	Dravyanusandhana	28th Dec. 2020	
58		WEBINAR	Documentation and data collection with regards to medico legal aspect	17th Dec. 2020	
59		SWAYAM COURSE	Food Nutrition for healthy living	Dec 2020	
60		SWAYAM COURSE	Diet management in Health and Disease	Dec 2020	
61		WEBINAR	development of tool and techniques for assessment of prakriti in children on	12th Jan 2021	
62		WEBINAR	Naturopathic medicine and Yoga	08th Feb. 2021	
63		CME	Ayurveda management of Respiratory disorders	14th Feb. 2021	



Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
64	Dr. Mrudula. K S	Professional development programme	personal and professional development program	12th Feb. 2021
65		SEMINAR	Spandana 2021	20th Feb. 2021
66		CME	Prasutitantra and Streeroga	8-13th Mar.2021
67		WEBINAR	World Tuberculosis Day	26/03/2021
68		WEBINAR	Yakruthsambhasha	26/03/2021
69		Course	Poat graduate advance course in Acupuncture	Mar 2021
70		WEBINAR	World Autism Awareness Day	01st April 2021

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
1	Dr. Hafsa. P. Ahammed	WEBINAR	Women's health care and AYUSH guidelines in the present scenario	01st May 2020
2		WEBINAR	"Yoni vyapath and Infertility	09th May 2020
3		WEBINAR	Menstrual Disorders	13th May 2020
4		WEBINAR	Assessment and Accreditation as a measure of Internal Quality in HEIs	19th May 2020
5		WEBINAR	Role of Ayurveda and Yoga in COVID 19 pandemic crisis	4th June 2020
6		WEBINAR	World food safety day	07th June 2020
7		WEBINAR	IndriyaShareeram	June 2020
8		WEBINAR	Quality of life through Yoga	21st June 2020
9		QUIZ	Yoga awareness	JUNE2020
10		WEBINAR	VISHA CHIKITSA PARVA	06th July 2020
11		WEBINAR	Clinical Dermatology in Agadatantra perspective	19th July 2020
12		WEBINAR	World Hepatitis day	28th July 2020
13		WEBINAR	Stanyamritam	01st Aug. 2020
14		WEBINAR	Uterus congenital anomalies	19th Aug. 2020
15		WEBINAR	Ophthalmic complication of Diabetes	24th Aug. 2020
16		WEBINAR	sports injury management- A scientific overview	07th Aug. 2020
17		WEBINAR	Guest lecture on the occasion of Independence day	14th Aug. 2020
18		WEBINAR	Overcoming gender bias and Stereotypes – Need of the hour	June 2020

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
19	Dr. Hafsa. P.	WEBINAR	samskrithavaangmayasyamahathvam	03rd Aug. 2020
20		WEBINAR	Kshamatwa – 2020- Ayurvedic approach towards prevention and management of COVID 19	27th Aug. 2020
21		WEBINAR	Agadavichintana- Consumer protection act	12th Aug. 2020
22		WEBINAR	Anovulation and Infertility- A Holistic approach	13rd Sept. 2020
23		WEBINAR	FUNCTIONAL AREAS OF CEREBRAL CORTEX AND THEIR CLINICAL IMPORTANCE	11th Sept. 2020
24		WEBINAR	MENSTRUAL ABNORMALITIES- AN AYURVEDIC APPROACH	30th Sept. 2020
25		WEBINAR	GENDER SENSITIZATION: GENDER EQUALITY AND EMERGING TRENDS	23rd Sept. 2020
26		WEBINAR	SCOPE OF AMAPACHANA PRIOR TO PANCHAKARMA – MOLECULAR APPROACH	08th Sept. 2020
27		WEBINAR	PRINCIPAL AND PRACTICE IN MALE INFERTILITY	28th Sept. 2020
28		WEBINAR	PREVENTIVE ASPECTS OF ALZHEMERS DISEASE THROUGH AYURVEDA	19th Sept. 2020
29		WEBINAR	DIAGNOSTIC APPROACH TO NEONATAL EMERGENCIES	30th Sept. 2020
30		WEBINAR	Remedial measures for slow learners	24th Sept. 2020
31		ONLINE COURSE	Matrusamskrithi (Antenatal care in ayurveda)	2-11 Sept. 2020
32		WEBINAR	Breast cancer awareness month	16th Oct. 2020
33		WEBINAR	human values in curriculum	07th Oct. 2020
34		WEBINAR	samveda	08th Oct. 2020
35		WEBINAR	E Content development- Swayam	22nd Oct. 2020
36		WEBINAR	Ayurvedic understanding of Ovarian cyst	17th Oct. 2020
37		WEBINAR	Laparoscopically assisted vaginal hysterectomy	01st Oct. 2020
38		Faculty development programme	Basic course in technology enriched emerging pedagogical methods	OCT 2020
39		WEBINAR	Men's Mental health	20th Nov. 2020
40		WEBINAR	NadiPariksh	23rd Nov. 2020
41		WEBINAR	How to assess temperament and its application in prescription with case discussion	01st Dec 2020
42		WEBINAR	Samveda 2020	05th Dec 2020
43		WEBINAR	Consumer protection act in medical profession: A boon or bane?	23rd Dec 2020
44		WEBINAR	Dravyanusandhana	28th Dec 2020
45		WEBINAR	Naturopathic medicine and Yoga	08th Feb. 2021

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
46	Dr. Hafsa. P.	CME	Ayurveda management of Respiratory disorders	14/02/2021
47		Professional development programme	personal and professional development program	12th Feb. 2021
49		WEBINAR	World Tuberculosis Day	26th March 2021
50		WEBINAR	Yakruthsambhasha	26th March 2021
51		WEBINAR	World Autism Awareness Day	01st Jan 2021

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
1	Dr. Kavya. S R	WEBINAR	Prevention and Management of Liver diseases through ayurveda	16th Jan 2021
2		WEBINAR	Preventive cardiology	09th Jan 2021
3		WEBINAR	Masterclass on How to Setup a Successful Preventive Cardiology Practice	24th Jan 2021
4		Seminar	Spandana 2021	20th Feb 2021
5		National level CME	Ayurvedic Practices In Prasutitantra And Streeroga	27th Feb 2021
6		Webinar	The Medlife Health Care Webinar Series 2020-21	Feb 2021
7		Professional development programme	personal and professional development program	12th Feb. 2021
8		WEBINAR	World Tuberculosis Day	26th March 2021
9		WEBINAR	Yakruthsambhasha	26th March 2021
10		WEBINAR	CharakaTatwavabodhini	8-13 March 2021
11		WEBINAR	World Autism Awareness Day	01st April 2021

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
1	Dr. Chandrakanth Joshi	WEBINAR	Breast cancer awareness month	16th Oct. 2020

## Programs organized/Conducted

Sl. No.	Name of the Faculty	Name of the Program	Brief description of the Event	Date
1	Dept of Prasutitantra	National level webinar	Breast cancer awareness month	16th Oct. 2020
2		In house camp	Infertility	23-28th Nov.2020
3		awareness programme	Cervical Cancer	21st Jan. 2021
4		In house camp	Infertility	19-24th April 2021

## PROGRAMS ATTENDED AS RESOURCE PERSON/PAPER PRESENTATION

Sl. No.	Name of the Faculty	Name of the event	Title of the Presentation	Date
1	Dr. Mrudula. K S	National level webinar (paper presentation)	Streeshareeramarmaw.s.r to marmabhigaata	8th Oct. 2020
2		National level Seminar (oral presentation)	Role of Garbhiniparicharya in the prevention of pre-eclampsia of pregnancy.	20th Feb 2021
1	Dr. Hafsa. P. Ahammed	National level webinar (paper presentation)	Importance of USG in First trimester of pregnancy	5th Dec. 2020
1	Dr. Kavya. S R	National level Seminar (oral presentation)	Pregnancy Complications And The Heart Disease Risk	20th Feb 2021
2		National level CME (oral presentation)	Unlocking Traditional Secrets On SootikaParicharya".	27/02/2021
3		Online student induction programme	ROLE OF AYURVEDA IN (resource person) THE JOURNEY OF WOMEN'S LIFE (Resource person)	4th March 2021

## PUBLICATIONS

Sl. No.	Name of the Faculty	Publication description in Vancouver style
1	Dr. Mrudula. K S	Ksharakalpana- A contribution to present medical practice. – International Journal of Ayurveda and Integrated Medical Science, ISSN 2456-3110, Mar-Apr 2020, Vol 5, Issue 2
2		A critical review on bhasma and nanomedicine, International journal of research in Ayurveda and Pharmacy, ISSN No: ISSN: 2229-3566, August 2020 Volume, 11,Page No. 201-203
3		Role of Acupuncture and Ayurveda in the management of shukradushti-a case study, International Journal of Ayurveda and Integrated Medical Science, ISSN 2456-3110, Mar-Apr, Vol5, Issue 2

Sl. No.	Name of the Faculty	Publication description in Vancouver style
1	Dr. Hafsa. P. Ahammed	A REVIEW ON KANASATAHWADI KASHAYA W.S.R TO AMENORREA” Manuscript No. WJPR/17587/9/2020, publication in World Journal of Pharmaceutical Research, ISSN No: 2277- 7105,Volume 9, Issue 6
2		ANKYLOSING SPONDILITIS –Ayurvedic approach- A case study, International Journal of Applied Ayurveda Research, ISSN No:2347-6362,September, 2020,Volume:vol 4, issue 9, Page No.977-984

## DEPARTMENT OF SWASTHAVRITTA AND YOGA

**VISION:** Theoretical and practical application of ayurvedic principles (both preventive and curative aspects) to promote and protect health.

**INTRODUCTION:** Department of Swasthavritta and Yoga deals with the health of the healthy. It imparts knowledge about different dimensions of health. It also encourages to bring the changes in one's life style which will lead him towards better health which may be through daily regimens, seasonal regimens, proper diet and yoga.

### THRUST AREAS:

1. Diet modification and regulation to maintain good health.
2. Inculcating Yoga for health and fitness of Healthy as well as diseased.

## TEACHING FACULTY



### Faculty Profile:

Sl.No.	Name	Qualification	Designation
1	Dr. Aditi P S	BAMS,MD (Ayu)	Associate Professor
2	Dr. Supriya S	BAMS,MD (Ayu)	Associate Professor
3	Dr. Sreeraj P	BAMS,MD (Ayu)	Assistant Professor

### PROGRAMME CONDUCTED: (Conference /Workshop/Guest Lecture etc.)

Sl. No.	Name of the Faculty	Name of the Program	Brief description of the Event	Date
1	1) Dr. Supriya S Associate Professor	1. webinar on "Quality of life through yoga",	1) On account of "International yoga day 2021".	21st June 2021
	2) Dr. Sreeraj P Assistant Professor	2. Organized Video - Blogging competition Under the tagline "SWASTHYA YOGA"	2) On account of International yoga Day 2021	21st June 2021
2.	1) Dr. Supriya S Associate Professor	Preventive Aspects of Alzheimers Disease Through Ayurveda	On occasion of International Alzheimer's Day 2020	19th Sept 2020
	2) Dr. Sreeraj P Assistant Professor			
3.	1) Dr. Supriya S Associate Professor	Yoga awareness and demonstration session	On account of "Fit India Freedom Run"	23rd Sept.2020
	2) Dr. Sreeraj P Assistant Professor		In association with NSS unit of YAMCH	
4.	1) Dr. Supriya S Associate Professor	"Ayurveda for COVID -19 pandemic"	On the occasion of 5th "National Ayurveda Day 2020"	12th Nov. 2021
	2) Dr. Sreeraj P Assistant Professor			
5.	1) Dr. Supriya S Associate Professor	Diabetes Awareness Program and medical camp	On account of "World diabetes Day 2020".	28th Nov. 2020
	2) Dr. Sreeraj P Assistant Professor		A Diabetes awareness program and medical camp was conducted at Manjanady	
6)	1) Dr. Supriya S Associate Professor	Inhouse camp	A free in - House camp was organized on Obesity, Hypercholesteremia and Thyroid disorders at swasthavritta OPD of YAMCH	14th Dec. 2020 to 19th Dec. 2020
	2) Dr. Sreeraj P Assistant Professor			
	1) Dr. Aditi P S Associate Professor	Inhouse camp	A free in - House camp was organized on Obesity, Hypercholesteremia and Thyroid disorders at swasthavritta OPD of YAMCH	15th Feb. 2021 to 20th Feb. 2021
	2) Dr. Supriya S Associate Professor			

**PROGRAMME ATTENDED:** (Conference/Workshop / Guest Lectures / Moderator/  
Seminar/ Resource person/ Panelist.)

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
1	Dr Aditi PS	Workshop	Charaka Tatwavabodhini	08th March 2021 to 13th March 2021
2		Panel Discussion	Yakruth Sambhasha	26th March 2021
3		Webinar	World Autism Awareness day	01st April 2021
4		SE- Guest lecture	World Tuberculosis Day 2021	26th March 2021
5	Dr Supriya S	Webinar	Role of Ayurveda and Yoga in COVID 19 Pandemic crisis	04th June 2020 to 8th June 2020
6		Online quiz competition	Yoga Awareness	30th June 2020
7		Webinar	“DUB- Scientific Diagnostic & Treatment Principals”	11th July 2020
8		Webinar	“Kamala- test and treat”	28th July2020
9		Coursera	Write Professional emails in english	27th July2020
10		webinar	Hypertension and Heart attack-Scope of SBEB	08th Aug. 2020
11		Guest lecture	On the occasion of Independence day	14th Aug.2020
12		Webinar	KSHAMATWA	27th Aug.2020 and 28th Aug. 2020
13		Webinar”	Preventive Aspects of Alzheimer's Disease Through Ayurveda”	19th Sept. 2020
14		Awareness Program	Fit India Freedom Run	23rd Sept. 2020
15		Webinar	Samveda 2020	08th Oct. 2020 to 09th Oct. 2020
16		Webinar	Breast cancer awareness	16th Oct. 202
17		Webinar	Arthritis	10/10/2020
18		Webinar	Liver and upper GIT	31st Oct. 2020
19		CME	Ayurveda for COVID -19 pandemic	12th Nov. 2020
20		Webinar	Nadi Pareeksha	23rd Nov. 2020
21		webinar	Common Auto immune disorders	28th Nov. 2020
22		Webinar	Samveda 2020	5th Dec. 2020
23		Webinar	Consumer protection act in medical profession; A boon or bane?	23rd Dec. 2020
24		webinar	Dravyanusandhana	28th Dec. 2020

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
25	Dr Supriya S	CME	Personal and Professional Development Programme	12th Feb. 2021
26		Seminar	SPANDANA, Ayurvedic perspective of Cardiac disorders	21/02/2021
27		Workshop	Charaka Tatwavabodhini	08/03/2021 to 13/03/2021
28		Panel Discussion	Yakruth Sambhasha	26/03/2021
29		SPG A Ac	Post Graduate Advanced Certification in Acupuncture	29/03/2021
30		Webinar	World Autism Awareness day	01/04/2021
31	Dr Sreeraj P	Webinar	"Aahara The life of life"	07/06/2020
32		Webinar	Role of Ayurveda and Yoga in covid19 pandemic crisis	08/06/2020
33		Online quiz competition	Yoga awareness	30/06/2020
34		Coursera	Covid 19-contact tracing	26/07/2020
35		Coursera	Mind Control : Managing Your Mental Health During COVID-19	27/07/2020
36		Webinar	Kamala test and treatment	28/07/2020
37		Webinar	Agada vichintana - medicolegal aspect in psychiatric practice	29/07/2020
38		Coursera	What you need to know	29/07/2020
39		Webinar	"Enhancement of Health Via Karkitaka Chikitsa"	02/08/2020
40		Webinar	Sanskrita vangmayasya mahatwam	03/08/2020
41		Webinar	"SPORTS INJURY MANAGEMENT- A SCIENTIFIC OVERVIEW"	07/08/2020
42		Guest lecture	Occation of independence	14/08/2020
43		Webinar	Nature vs Nurture	17/08/2020
44		Webinar	Kshamatwa	27/08/2020
45		Webinar	Clinical utility of Agadatantra - "Sanjeevani 2020"	19/09/2020
46		Webinar	Preventive Aspects of Alzheimers Disease Through Ayurveda	19/09/2020
47		Awareness Programme	Fit India Freedom Run	23/09/2020
48		Webinar"	Remedial measures for slow learners"	24/09/2020
49		Webinar"	Human values in curriculum"	07/10/2020
50		Webinar	Samveda 2020	08/10/2020



Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
51	Dr. Sreeraj P	Webinar	Breast cancer awareness	16/10/2020
52		Webinar	5 th National Ayurveda Day, Ayurveda for COVID -19 pandemic	12/11/2020
53		Webinar	Mens mental health	20/11/2020
54		Webinar	Nadi Pareeksha	23/11/2020
55		webinar	Samveda 2020	5/12/2020
56		webinar	National webinar on arshas	18/12/2020
57		webinar	Consumer protection act in medical profession; A boon or bane?	23/12/2020
58		Webinar	Dravyanusandhana	28/12/2020
59		CME	Silver jubilee celebration of RGUHS, Bangalore	14/02/2021
60		Workshop	Charaka Tatwavabodhini	08/03/2021 to 13/03/2021
61		Panel Discussion	Yakruth Sambhasha	26/032021
62		Webinar	World Autism Awareness day	01/04/2021

#### POSTERS/ ORAL PRESENTATION: (Faculty /JRF/PG/UG)

Sl. No.	Name of the Faculty	Name of the event	Title of the Presentation	Date
1	Dr. Aditi P S	Student Induction Programme	Diet and Health	8th March 2021
2	Dr. Supriya S	Awareness Program and medical and Camp, on account of world diabetes day	Madhumeha and its Management	28th Nov. 2020
3	Dr Supriya S	Student Induction Program	Personal health and hygiene	09th March 2021
4	Dr. Sreeraj	Student Induction Program	Role of Ayurveda in prevention of diseases.	2nd March 2021

#### PUBLICATIONS

Sl. No.	Name of the Faculty	Publication description in Vancouver style
1	Dr. Supriya S	Supriya S et al. Concept of Khavaigunya in Vyadhyutpatti: A Review. Int. J. Res. Ayurveda Pharm. 2020;11(4):241-244 <a href="http://dx.doi.org/10.7897/2277-4343.1104126">http://dx.doi.org/10.7897/2277-4343.1104126</a>

## DEPARTMENT OF AGADATANTRA

**VISION:** To educate the students or medicos to practice Agadatantra (Visha Chikitsa) effectively

**INTRODUCTION:** Agadatantra (Toxicology) is a branch of Astanga Ayurveda which deals with different sources of poisoning and their treatment. Poisoning may be due to snakebites, scorpion bites, spider bites etc. Food poisoning, Application of Cosmetics (skin-face discolouration, hairfall, premature greying, chemically treated fruits, vegetables, meat, fish etc, adverse reactions of medicines.

Vyavahara Ayurveda (Forensic Medicine) and Vidhi Vaidyaka (Medical Jurisprudence) explain about application of Medicine to the purpose of law (Medico-Legal Aspects)

### THRUST AREAS:

- Dushi Visha and Allergic Disorders
- Toxicity study of different Agadas
- Gara visha and Gastro Intestinal Disorders
- Dushi vishari Agadam on endosulfan effected persons
- Visha vilwadi Agadam on viral diseases
- Evaluation of Spider and scorpion venom on CNS Degenerative disorders

### TEACHING FACULTY



### Faculty Profile:

SI.No.	Name	Qualification	Designation
1.	Dr. Sathyamoorthi Kumble	BAMS, MD (Ayu)	Professor
2.	Dr. Sheethal Raj	BAMS, MD (Ayu)	Associate Professor
3.	Dr. Rukma C K	BAMS, MD (Ayu)	Assistant Professor

### PROGRAMME CONDUCTED: (Conference /Workshop/Guest Lecture etc.)

Sl. No.	Name of the Faculty/ Theme	Name of the Program	Brief description of the Event	Date
1	National Consumer Day Dr. Sathyamoorthy Kumble Dr. Sheethal Raj Dr Rukma CK	<b>National webinar</b>	A National Webinar on Consumer Protection Act was conducted on the topic <b>Consumer Protection Act</b> in Medical Profession:A Boon or Bane, By Dr Sanath Kumar T, Assistant Professor, Dept Of Agadatantra from Banaras Hindu University. It was a onehour seminar, that had 500 delegates.	23rd Dec. 2020
2	Dr. Sheethal Raj	5th National Ayurveda Day	A short film and a Video on the theme Ayurveda for Covid-19 was created on behalf of National Ayurveda Day	12th Nov. 2020
3	Dr. Sheethal Raj	Poster Making Competition on behalf of Gender Sensitization Cell	An online Poster making Competition was done for all the constituent colleges of Yenepoya University. There were 18 participants and the valuation was done by the faculties from Yenepoya Homeopathic Medical College	7th Oct. 2020
4.	Dr. Sheethal Raj	International Women's Day program on behalf of Gender sensitization Cell	A Guest Lecturer was done by Dr. Sharada and Mr. Saif Sulthan Saif	10th Mar. 2021
5	Dr Rukma C K	Independence Day- NSS Unit	College level Online Guest Lecture Program by Colonel Vijaykant Chenji for half an hour at YAMCH	14th Aug. 2020
6	Dr. Rukma C K	Rashtriya Ekta Divas-UNITY Day, NSS Unit	Unity Day Pledge was taken by Teaching, Non-teaching staff headed by NSS Unit members	11 Nov. 2020

### PROGRAMME ATTENDED: (Conference/Workshop / Guest Lectures / Moderator /Seminar)

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
1	Dr. Sheethal Raj	One Day IQAC Webinar	Assessment and Accreditation as a Measure of Internal Quality in HEI's	19th May 2020
		Webinar Series by Indian Vaidyas	Host Immunity and Covid 19- Ayurvedic Perspective by Indian Vaidyas	14th May 2020

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
	Dr. Sheethal Raj	Webinar Series by Indian Vaidyas	Swarna Prashan-Ayurveda Immunisation	15th May 2020
		Webinar Series by Indian Vaidyas	Diabetes Management with Ayurveda	6th May, 2020
		Webinar by Dept of Swasthavrutta and Yoga, Yenepoya Ayurveda Medical College	Quality of Life through Yoga	21st June 2020
		College Level Webinar, by Dept of Samhitha and Sidhdhantha, Yenepoya Ayurveda Medical College	World Food Safety Day	7th June 2020
		National Webinar by Government Ayurveda College, Nagpur	Arogyam	20th-25th July, 2020
		Webinar Series by Indian Vaidyas and Dabur	Role of Ayurveda in Respiratory Disorders, Indian Vaidyas	2nd July 2020
		Webinar Series by Indian Vaidyas and Dabur	Emergency & Ayurveda	3rd July 2020
		Webinar Series by Indian Vaidyas and Ayurveda Teacher's Association	Web conference on Teaching Methodology in Ayurveda-Shalyatantra	5th July 2020
		Webinar Series by Indian Vaidyas and Ayurveda Teacher's Association	Web conference on Teaching Methodology in Ayurveda-Dravya Guna	12th July 2020
		Webinar Series by Indian Vaidyas and Ayurveda Teacher's Association	Web conference on Teaching Methodology in Ayurveda-kaumarabhritya	19th July 2020
		Webinar Series by Indian Vaidyas and IMUHELP	Covid 19, Way forward in Ayurveda	25th July 2020
		Webinar Organised by Dept of Kayachikitsa, Yenepoya Ayurveda Medical College	Kamala-Test and treat	28th July 2020
		National Webinar Series by PG Dept of Shalyatantra, BVVS Ayurveda Medical College & Hospital	Shastra Darpana-2020	15-17th July 2020
		Webinar by Fit India, PEFI and Indian Academy	Sports Injury Management-A Scientific Overview	7th Aug 2020
		National Webinar organized by MES Ayurveda Medical College	Changing Trends in Ayurveda Practices due to Impact of Covid 19	5-7th Aug. 2020

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
	Dr. Sheethal Raj	College Level Webinar Organised by Dept of Samhitha and Sidhantha, Yenepoya Ayurveda Medical College	Sanskrita Vangmayasya Mahatvam	3rd Aug. 2020
		Webinar Series by Indian Vaidyas and Ayurveda Teacher's Association	Web conference on Teaching Methodology in Ayurveda-Shalakyatantra	2nd Aug. 2020
		National Webinar on Agadatantra organized by Shree RMD Ayurveda Medical College	Diagnosis of Poisoning	1st Aug. 2020
		Webinar Series by Indian Vaidyas and Ayurveda Teacher's Association	Web conference on Teaching Methodology in Ayurveda-Rasashastra	30th Aug. 2020
		Webinar Series by Indian Vaidyas and Ayurveda Teacher's Association	Web conference on Teaching Methodology in Ayurveda-kriya shareera	23rd Aug. 2020
		Webinar Series by Indian Vaidyas and Ayurveda Teacher's Association	Web conference on Teaching Methodology in Ayurveda-Prasoothitantra	16th Aug. 2020
		Webinar Organised by Yenepoya Nursing College	Nature Vs Nurture	17th Aug. 2020
		Webinar organized by vaidyratnam Ayurveda college, Ollur	Ophthalmic Complications of Diabetes	24th Aug. 2020
		Webinar organized by Gender Sensitization Cell, Yenepoya university	Overcoming Gender Bias and Stereotypes	20th Aug. 2020
		Workshop Organized by CHPE, yenepoya Centre for Faculty Development	Basic Course in Technology Enriched Emerging Pedagogical Methods	Aug. Sept. 2020
		Webinar Organized by Naac criteria 2, Yenepoya Nursing College	Remedial Measure for Slow Learners	24th Sept. 2020
		Zonal Level Webinar Organized by yenepoya Ayurveda medical College	Preventive Aspects of Alzheimer's Disease through Ayurveda	19th Sept. 2020
		Webinar Organised by Dept of Community Health Nursing, Yenepoya Nursing College	Gender Sensitization, Gender Equality and Emerging Trends	23rd Sept. 2020
		Conference Organized by Union Yoga Ayurveda Singapore	International Conference in Intergartive Medicine	4-6th Sept. 2020

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
	Dr. Sheethal Raj	Webinar Organized by gender Sensitization Cell, Yenepoya University	Gender Perspective in the Current Context	3rd Sept. 2020
		Webinar Series by Indian Vaidyas and Ayurveda Teacher's Association	Web conference on Teaching Methodology in Ayurveda-Roganidan	6th Sept. 2020
		Webinar Series by Indian Vaidyas and Ayurveda Teacher's Association	Web conference on Teaching Methodology in Ayurveda-Kayachikitsa	13th Sept. 2020
		National Level Webinar Organized by Dept of Prasuthi tantra and Stree roga, Yenepoya Ayurveda Medical College, Naringana	Breast Cancer Awareness Month	16th Oct. 2020
		National Webinar organized by Dept of Shareera Rachana, Yenepoya Ayurveda Medical College	Samveda 2020	8-9th Oct. 2020
		Webinar Organized by Naac criteria IV, Yenepoya University	E-Content Development Swayam	22nd Oct. 2020
		Institutional Level Program organized on behalf of 5th National Ayurveda College	Ayurveda for Covid 19 pandemic	12th Nov. 2020
		Webinar on International Men's Day Organized by Yenepoya homeopathic Medical College on behalf of Gender Sensitization Cell	Men's mental Health	20th Nov. 2020
		International Webinar on behalf of 5th National Ayurveda Day Organized by GS Ayurveda Medical College, Uttarpradesh	Ayurveda in covid 19, pandemic	14th Nov. 2020
		National Webinar Organized by Dept of Kriya Shareera, Yenepoya Ayurveda Medical College	Nadi pareeksha	23rd Nov. 2020
		National Webinar organized by Dept of Shareera Rachana, Yenepoya Ayurveda Medical College	Samveda 2020	5th Dec. 2020

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
	Dr. Sheethal Raj	International Webinar organized by Dept of Dravya Guna, Yenepoya Ayurveda Medical college	Dravyanusandhana	28th Dec. 2020
		National Webinar organized by Dept of Agadatantra, Yenepoya Ayurveda Medical College	Consumer Protection Act: A boon or a Bane	23rd Dec. 2020
		National Webinar organized by Mahatma Gandhi Ayurveda Medical College and Reseach Centre, Wardha	Rasoushadhi and Vishoushadhi in Infectious Diseases	28,29th Jan 2021
		Zonal CME at Karnataka Ayurveda Medical College on the eve of Silver jubilee Celebration of RGUHS	Zonal CME	14th Feb. 2021
		National Level Panel Discussion organized by Dept of Roganidana, Yenepoya Ayurveda Medical College	Yakrut Vikara-Maladies and remedies of Liver Diseases	26th March 2021
		International seminar held in 4th Global Ayurveda Fest	4th Global Ayurveda Fest-Virtual Conference and Expo	12-19th Mar.2020
		Workshop Organized by Dept of Samhitha And Sidhantha	Charaka Tatvavabodhini March	8-13th Mar. 2021
		National Webinar organized by Dept of Kaumarabhritya, Yenepoya Ayurveda Medical College	National Autism Day	4th April 2020
1		Dr. Rukma CK	Webinar	Disease Management with Ayurveda
2	Webinar		Host Immunity & Covid - Ayurveda Aspect	14th May 2020
3	Webinar		SwarnaPrashan	15th May 2020
4	Webinar		WORLD FOOD SAFETY DAY	7th June 2020
5	Webinar		Sharira Ratna 2020	19th June 2020
6	Webinar		Quality of Life through Yoga	21st June 2020
7	Webinar		VISHA CHIKITSA PARVA	6th July 2020
8	Webinar		Clinical Dermatology in Agadatantra perspective	19th July 2020
9	Webinar		Kamala-Test and Treat	28th July 2020
10	Webinar		Diagnosis of Poisoning	1st Aug. 2020

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
11	Dr. Rukma CK	Webinar	NATURE VS NURTURE	17th Aug. 2020
12		Webinar	Clinical Utility Agadatantra	19th Sept. 2020
13		Webinar	Gender Sensitization Gender Equality"	23rd Sept. 2020
14		Webinar	Remedial measures of Slow Learners-YNC	24th Sept. 2020
15		Webinar	Management of Snake Bite & Scorpion Bite	26th Sept. 2020
16		BASIC COURSE	Technology Enriched Pedagogical Methods By Yenepoya University.	Aug. Sept. 2020
17		Webinar	SAMVEDA 2020 by Yamch	8,9th Sept. 2020
18		Webinar	Breast Cancer Awareness month	16th Oct. 2020
19		Webinar	New Lines of Approach to Agadatantra	10th Nov. 2020
20		Webinar	5th NATIONAL AYURVEDA Day	12th Nov. 2020
21		Webinar	Men's Mental Health	20th Nov. 2020
22		Webinar	Nadi Pareeksha	23rd Nov. 2020
23		DIKSHA-E-LEARNING course	Ayurvedic Clinical Dermatology	27th Oct. 2020 to 28th Nov. 2020
24		Webinar	SAMVEDA 2020(Yamch)	5th Dec 2020
25		Webinar	DRAVYANUSANDHANA(YAMCH)	28th Dec 2020
26		ZONAL CME	Silver Jubilee RGHUS	14th Feb 2021
27		Online Certificate Course-PAMPA	Ayurvedic Dermatology	7th Feb 2021 to 10th Feb 2021
28		National Webinar	Assessment Of Prakriti	12th Jan 2021
29		BASIC Course	Accupuncture-Theory, Practise	25th Jan 2021
30		International Webinar	Naturopathic Medicine & Yoga	8th Feb 2021
31		Webinar	Personal & Profesional Development Program	12th Feb 2021
32		7 Days ONLINE CERTIFICATE COURSE	VISHA CHIKITSA-Pampa	8th March 2021 to 14th March 2021
33		Webinar	Yakrt Vikaras	26th March 2021
34		Webinar	World Autism Awareness Day YAMCH	1st April 2021



## POSTERS/ ORAL PRESENTATION: (Faculty /JRF/PG/UG)

Sl. No.	Name of the Faculty	Name of the event	Title of the Presentation	Date
1.	Dr. Sheethal Raj	Oral paper presentation competition in National Webinar organized by Dept of Rachana Shareera, Yenepoya Ayurveda Medical College	Samveda, 2020	8-9th Oct. 2020
2.		National Level Slogan Recitation Competition organized by Swasthavritta and Yoga Department, government Ayurveda College, Nagpur	Slogan Writing Competition	13th Nov. 2020
3.		Oral paper presentation competition in National Webinar organized by Dept of Rachana Shareera, Yenepoya Ayurveda Medical College	Samveda, 2020	5th Dec. 2020
4.		Oral Paper presentation in the National Webinar Organized by Dept of Rasashastra and Dept of Agadatantra, Mahatma Gandhi Ayurveda Medical College and Research Centre, Wardha	Scope of Rasoushadhi and Vishoushadhi in Infectious Diseases	28,29 Jan. 2021
5.		Oral Paper Presentation competition in International seminar held in 4th Global Ayurveda Fest	International Ayurveda Seminar (GAF)	12-19th March 2021
1	Dr. Rukma CK	Oral paper presentation National Webinar organized Dept Rachana Shareera, YAMCH	Samveda, 2020	8-9th Oct. 2020
2		Oral Paper Presentation 4th Global Ayurveda Festival-Virtual Conference	International Ayurveda Seminar (GAF)Kerala	12-19th March 2021

## PUBLICATIONS

Sl. No.	Name of the Faculty	Publication description in Vancouver style
1	Dr. Sheethal Raj	Concept of Dooshi Visha in Male Infertility W.S.R to Endocrine Toxicity, International journal of Science and Research, ISSN 2319-7064, Volume 9, Issue 6, June 2020, pg no.17-18

Sl. No.	Name of the Faculty	Publication description in Vancouver style
2	Dr. Rukma CK	Brihatrayees approach to the application of Surgery in Toxicology, International journal of Science and Research, ISSN 2319-7064, Volume 9, Issue 7, July 2020, Pg no.22-25
3.		Relevance of Anjana Karma in Visha chikitsa, International journal of Science and Research,ISSN 2319-7064, Volume 9, issue 7 July 2020, Pg No.26-27
4		Concept of Nasya karma- A Vishopakrama, International journal of Science and Research, ISSN 2319-7064, Volume 9, issue 7 July 2020, Pg No 28-29
1	<b>Dr. RUKMA C K</b>	A REVIEW ARTICLE ON ANTI-TOXIC ACTION OF SIREESHABEEJADI YOGA, International Journal of Research &Pharma,ISSN:2229–3566, Volume 11,Issue 4,Pg 249-253.

## DEPARTMENT OF PANCHAKARMA

### VISION:

- To impart quality education in the field of ayurvedic speciality of panchakarma to bridge the gap between theory and practical.
- Application of scientific panchakarma therapy in clinical practice to relinquish dosha for core care of diseases.
- To be the major specialist service provider for the population.
- Gaining the confidence in our care by giving trustful services.
- To work in collaboration with other specialities and provide standard treatment and care for the patients.

### THRUST AREAS:

- To develop the awareness of panchakarma to maintain the health and cure the diseases.
- To provide the panchakarma services in all classes of society.
- To provide quick services to the highest standards and provide excellent patient experience.
- Tutor the student to execute the knowledge of Panchakarma in day-to-day clinical practice.
- Management of Musculoskeletal and Neurological diseases through Panchakarma therapy

### TEACHING FACULTY :



### Faculty Profile:

Sl.No.	Name	Qualification	Designation
1	Dr. Gururaja. H	BAMS, MD (Ayu)	Dean/Professor
2	Dr. Adarsh. D. Raj	BAMS, MD (Ayu)	Associate Professor
3	Dr. Vasudev. R	BAMS, MD (Ayu)	Assistant Professor

### PROGRAMME ATTENDED:

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
1.	Dr. Gururaja H	Faculty Development Program	FDP program	12th Feb.2021
2.		Guest lecture	World autism awareness day	1st April 2021
3.	Dr. Adarsh D Raj	CME	Diabetes Management With Ayurveda	6th May 2020
4.		Webinar	Host Immunity & COVID -19 Ayurveda Aspect	14th May 2020
5.		CME	Swarnprashan-Ayurvedic Immunization	14th May 2020
6.		CME	Role Of Ayurveda In Respiratory Disorders	02nd July 2020
7.		Webinar	On The Topic Boosting Up Your Emotional Immunity	3rd July 2020
8.		Webinar	Web Conference On Teaching Methodology In Ayurveda-Shalya Tantra	05th July 2020
9.		Webinar	Common GIT Problems In Children And Management	6th July 2020
10.		Webinar	Understanding Shatkriya Kaal	7th July 2020
11.		Webinar	Understanding The Concept of Panchamahabhuta In Ayurveda	8th July 2020
12.		Webinar	Review of Snake Bite Management And Heavy Metal Toxicity	9th July 2020
13.		Webinar	Niramaya 2020	10th July 2020
14.		Webinar	Web Conference On Teaching Methodology In Ayurveda-Dravyaguna	12th July 2020
15.		Webinar	Shatra Darpana	15th July 2020
16.		Webinar	Web Conference On Teaching Methodology In Ayurveda-Kaumarbhritya	19th July 2020

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
17.	Dr. Adarsh D Raj	Webinar	Rasa Bodhine	21st July 2020
18.		Webinar	Vaccine development and observations on Covid Vaccine.	21st July 2020
19.		Webinar	COVID-19 And Way Forward in Ayurveda	25th July 2020
20.		Webinar	World Hepatitis Day.	28th July 2020
21.		Webinar	Pulse Diagnosis "Jivasakshi	30th July 2020
22.		Webinar	Teaching Methodology in Ayurveda	02nd Aug. 2020
23.		Webinar	Sanskrit Day	03rdAug. 2020
24.		Webinar	Pinda Swedas And Their Clinical Application	06th Aug. 2020
25.		Webinar	Management Of Ageing Through Ayurveda	07th Aug. 2020
26.		Webinar	Sports Injury Management- A Scientific Overview	07th Aug. 2020
27.		Webinar	Importance Of Dose And Timing In Panchakarma	08th Aug. 2020
28.		Webinar	Consumer Protection Act	12th Aug. 2020
29.		Webinar	Role Of Parents During Pandemic	14th Aug. 2020
30.		Webinar	India: A Super Power in the Making	14th Aug. 2020
31.		Webinar	Pharmacovigilance In Ayurveda	14th Aug. 2020
32.		Webinar	Marma Therapy	14th Aug. 2020
33.		Webinar	Clinical Encounters With COVID-19 Patients	14th Aug. 2020
34.		Webinar	Nature Vs Nurture	17th Aug. 2020
35.		Webinar	Uterus - Congenital Anomalies	19th Aug. 2020
36.		Webinar	"Ayurvisibility"-Try To The Best Known	20th Aug. 2020
37.		Webinar	Overcoming Gender Bias and Stereotypes – Need of The Hour	20th Aug. 2020
38.		Webinar	BACK TO BASICS-Dosha Vichara	21st Aug. 2020
39.		Webinar	In Theory And Practice	22nd Aug. 2020
40.		Webinar	Ophthalmic Complications of Diabetes	24th Aug. 2020
41.	Webinar	Gender Bias In Health Care-Problems & Solution	27th Aug. 2020	
42.	Webinar	Immunity In Ayurveda & Immunity Enhancing Measures In Children	30th Aug. 2020	

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
43.	Dr. Adarsh D Raj	Webinar	POSHANA-AMRUTAM, A Holistic Approach To Community Nutrition	01st Aug. 2020
44.		Webinar	Nutrition & Scope Of Ayurveda Fundamental In The Management Of Malnutrition	03rd Aug. 2020
45.		Webinar	Rasavaha Srotas Specially on Pandu	03rd Aug. 2020
46.		Webinar	Gender Perspectives In The Current Context	03rd Aug. 2020
47.		Webinar	Natural Product As Immune & Inflammatory Moderator In Atherosclerosis?	05th Aug. 2020
48.		Webinar	Shatkriyakal, "KRIYAKAL-2020"	07th Aug. 2020
49.		Webinar	Scope Of Aamapachanam Prior To Panchakarma - Molecular Approach	08th Aug. 2020
50.		Webinar	Adapting To New Normal	09th Aug. 2020
51.		Webinar	Functional Area Of The Cerebral Cortex And Their Clinical Importance.	11th Aug. 2020
52.		Webinar	Therapeutic Raagas As A Universal Healer	12th Aug. 2020
53.		Webinar	Basic Principles Of Kriya Shareera - Kriya Amritha	15th Aug. 2020
54.		Webinar	Health Worker Safty- A Priority For Patient Safty.	17th Aug. 2020
55.		Webinar	Covid-19-Diagnosis and Treatment: Science & Non -Science.	18th Aug. 2020
56.		Webinar:	Preventive Aspects Of Alzheimer's Disease Through Ayurveda	19th Aug. 2020
57.		Webinar	Clinical Utility Of Agadtantra "Sanjeevani-2020"	19th Aug. 2020
58.		Webinar	How To Write A Winning Grant Proposal	21st Aug. 2020
59.	Webinar	Indian Constitution: Salient Features	21st Aug. 2020	
60.	Webinar	Pre-&Non-Clinical Toxicology in Regulatory Drug Development: Case Studies And Clinical Relevance	22nd Aug. 2020	

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
61.	Dr. Adarsh D Raj	Webinar	Immunology	27th Aug. 2020
62.		Webinar	Kshamatwa , Prevention and Management Of Covid-19	27th Aug. 2020
63.		Webinar	NANA SETU, Understanding Laparoscopically Assisted Vaginal Hysterectomy	01st Oct. 2020
64.		Webinar	Stratergies For Sustainable Practices: During and Post Covid	01st Oct. 2020
65.		Webinar	Samveda 2020	08th Oct. 2020
66.		Webinar	Pediatric Pnchakarma Myths & Facts	08th Oct. 2020
67.		Webinar	Breast Cancer Awareness	16th Oct. 2020
68.		Webinar	Covid-19 And Ayurveda At Point Of Care	22nd Oct. 2020
69.		Webinar	National Webinar On Shalya Tantra	26th Oct. 2020
70.		Webinar	5 Th National Ayurveda Day Ayurveda For COVID-19 Pandemic	12th Nov. 2020
71.		Webinar	Men's Mental Health on International Men's Day	20th Nov. 2020
72.		Webinar	Nadi Pareeksha 23rd Nov. 2020	
73.		CME	Silver Jubilee Celebration of RGUHS	14th Feb. 2021
74.		CME	World autism awareness day	01st April 2021
75.	Dr. Vasudev R	Faculty Development Program	FDP program	12th April 2021
76.		CME	CME for general practitioners	14th Feb. 2021
77.		Guest lecture	World autism awareness day	1st April 2021

## PUBLICATIONS

Sl. No.	Name of the Faculty	Publication description in Vancouver style
1	Dr. Adarsh D Raj	Published article on the topic Role of Rookshana as Poorvakarma for Vamana in the Management of Sthoulyya wsr to Obesity in IAMJ Journal, Vol VIII,

## DEPARTMENT OF SHALYA TANTRA

**VISION:** Impart the fundamentals of Shalya Tantra and establish surgical and parasurgical techniques in ethical frontier.

**INTRODUCTION:** Shalya tantra is one among the exclusive branches of Ashtanga Ayurveda. Shalya tantra elucidates and demonstrates surgical knowledge and skills that are enlisted in Sushruta Samhita. Management of Ano- Rectal ailments, Non-healing ulcers, musculoskeletal injuries are the specific areas of Shalya tantra department. Kshara karma, Kshara sutra, Agnikarma, Raktamokshana and Shastra karma are the special surgical techniques which are focused in managing the diseases and deformities.

### THRUST AREA:

- Propensity of wound healing
- Multifarious Functions of kshara Karma (Caustic AlkaliTherapy) and Agni Karma (Thermal Cauterisation)
- Efficacy of Siravyadhana (bloodletting) in siraja granthi (Varicose vein)
- Management of soft tissue injuries.

### TEACHING FACULTY :



### Faculty Profile:

Sl.No.	Name	Qualification	Designation
01	Dr. Shubada V I	B.A.M.S M.S (Ayu) Shalya Tantra	Professor
02	Dr. Subhash Rai K.N	B.A.M.S M.S (Ayu) Shalya Tantra	Professor
03	Dr. Sahl. M	B.A.M.S M.S (Ayu) Shalya Tantra	Asst. Professor

## Programs organized /Conducted

Sl. No.	Name of the Faculty	Name of the Program	Brief description of the event	Date
01	Dr. Shubada V.I Dr. Sahl. M.	Medical camp on Ano rectal disorders	Camp provided free Ano rectal examination and medicines. Many patients availed the medical and surgical benefit.	21st to 26th Sept. 2020
02	Dr. Shubada V I Dr. Subhash Rai K.N Dr. Sahl .M	Medical camp on Management of Varicose veins and Non-Healing ulcer	Camp has benefited the patients of varicose veins and Non healing ulcers	25th to 30th Jan. 2021
03	Dr. Shubada V I Dr. Subhash Rai K.N Dr. Sahl .M	Sports Ayurveda	Football training students from FC mangalore attended sports Ayurveda Medical camp at department of Shalyatantra YAMCH. All the beneficiaries advised the guidelines for maintaining fitness for their upcoming trainings and underwent Ayurvedic panchakarma therapies for the purpose of rejuvenation.	26th, 27th Feb 2021

## PROGRAMME ATTENDED:

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
01	Dr. Shubada V I	Webinar	Food safety day Aahara -The Life of Life.	7th June 2020
		Webinar	International Yoga Day Quality of life through yoga	21st June 2020
		Webinar	World hepatitis day kamala-test and treat	28th July 2020
		Webinar	Sanskrit day	3rd Aug. 2020
		Webinar	Independence Day	14th Aug. 2020
		Webinar	Overcoming gender bias stereotype-need of the hour	20th Aug. 2020
		Webinar	Kshamatwa	27&28th Aug. 2020
		Webinar	NAAC Accreditation of HEIs Planning and Preparation	7th Sept. 2020
		Webinar	Preventive aspects of Alzheimer's through Ayurveda	19th Sept. 2020
		Webinar	Program on fit India-Freedom Run	23th Sept. 2020
		Webinar	Remedial measures for Slow learners	24th Sept. 2020



Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
	Dr. Shubada V I	Webinar	Emerging trends in quality education -The role of IQAC in Governance, Leadership and Management	29th Sept. 2020
		Webinar	Human values in curriculum	7th Oct. 2020
		Webinar	Gender equity and equality	8th Oct. 2020
		Webinar	Samveda	08th, 9th Oct. 2020
		Webinar	Breast cancer Awareness	16th Oct. 2020
		Webinar	Strengthening research proposal by collaboration & partnership	20th Oct. 2020
		Webinar	E-content development-SWAYAM	22th Oct. 2020
		Webinar	Ayurveda in Covid -19 Pandemic	5th Nov. 2020
		Webinar	5th National Ayurveda Day	12th Nov. 2020
		Webinar	National Webinar on Arshas/ Haemorrhoids	20th Nov. 2020
		Webinar	Men's Mental health	20th Nov. 2020
		Webinar	Nadee Pareeksha	23th Nov. 2020
		Webinar	Samveda-2020, Radiology	05th Dec. 2020
		Webinar	Consumer protection act in medical profession, A boon or a Bane?	23rd Dec. 2020
		International Webinar	Dravyanusandhana	28th Dec. 2020
		Seminar	Spandana 2021- Ayurvedic perspective of cardiac disease	20,21st Feb 2021
		webinar	Yakruth Sambhasha- Maladies & remedies on Liver disorders - group discussion	26th March 2021
02	Dr. Subhash Rai K	webinar	Samveda	08th, 9th Oct 2020
		Webinar	Breast cancer Awareness	16th Oct. 2020
		Webinar	5th National Ayurveda Day	12th Nov. 2020
		Webinar	Men's Mental health	20th Nov. 2020
		Webinar	Nadee Pareeksha	23th Nov. 2020
		Webinar	Samveda-2020, Radiology	05th Dec. 2020
		Webinar	Consumer protection act in medical profession, A boon or a Bane?	23th Dec. 2020
		International Webinar	Dravyanusandhana	28th Dec. 2020

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
	Dr. Subhash Rai K	Seminar	Spandana 2021- Ayurvedic prespective of cardiac disease	20,21st Feb. 2021
		Webinar	Yakruth Sambhasha- Maladies & remedies on Liver disorders - group discussion	26th March 2021
03	Dr. Sahl M	Webinar	"Assessment & Accreditation as a Measure of Internal Quality in HEI's"	19th May 2020
		National webinar	Samanvaya 2020- role of Ayurveda and Yoga in covid 19 pandemic	04 to 08th June 2020
		Webinar	Food safety day Aahara -The Life of Life.	7th June 2020
		Webinar	International Yoga Day Quality of life through yoga	21th June 2020
		Online quiz	Yoga Awariness	30th June 2020
		International webinar	Yogya chintana 2020- doctors day	1st July 2020
		National webinar series	Visha Chikitsa parva -2020	6 to 9th July 2020
		National webinar series	Shastra darpana - 2020	15 to 17th July 2020
		Webinar	World hepatitis day kamala-test and treat	28th July 2020
		Webinar	Sanskrit day	3rd Aug. 2020
		National webinar	Sports injury management - Ascintific overview	7th Aug. 2020
		National webinar	Agada Vichinthana-Consumer protection act	12th Aug. 2020
		Webinar	Independence Day	14th Aug. 2020
		Webinar	Overcoming gender bias stereotype-need of the hour	20th Aug. 2020
		National webinar	Triguna- in theory and practice	22th Aug. 2020
		Webinar	Ophthalmic complications of diabetes	24th Aug. 2020
		Webinar	Kshamatwa	27, 28th Aug. 2020
		Webinar	Geneder perspectives in the current context	3rd Sept. 2020
		National webinar	Kriyakal 2020- shatkriyakal	7th Sept. 2020
		Webinar	FUNCTIONAL AREAS OF THE CEREBRAL CORTEX AND THEIR CLINICAL IMPORTANCE	11th Sept. 2020

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
	Dr. Sahl M	Webinar	"Covid-19- Diagnosis and Treatment; Science & Non - Science"	18th Sept. 2020
		Webinar	Preventive aspects of Alzheimer's through Ayurveda	19th Sept. 2020
		Webinar	Program on fit India- Freedom Run	23th Sept. 2020
		Webinar	"Gender Sensitization: Gender Equality & Emerging Trends"	23th Sept. 2020
		Webinar	Remedial measures for Slow learners	24th Sept. 2020
		Webinar	"Society and Human Rights of Special Groups"	24th Sept. 2020
		Webinar	Human values in curriculum	7th Oct. 2020
		Webinar	Samveda	8,9th Oct. 2020
		Webinar	Breast cancer Awareness	16th Oct. 2020
		Webinar	E-content development- SWAYAM	22th Oct. 2020
		Webinar	Ayurveda in Covid -19 Pandemic	5th Nov. 2020
		Webinar	Role of homeopathy in third trimester of pregnancy	11th Nov. 2020
		Webinar	5th National Ayurveda Day	12th Nov. 2020
		Webinar	National Webinar on Arshas/ Haemorrhoids	20th Nov. 2020
		Webinar	Men's Mental health	20th Nov. 2020
		Webinar	Nadee Pareeksha	23rd Nov. 2020
		Webinar	Samveda-2020, Radiology	05th Dec. 2020
		Webinar	Consumer protection act in medical profession, A boon or a Bane?	23-12-2020
		International Webinar	Dravyanusandhana	28th Dec. 2020
		Seminar	Personal and professional development programme	12th Feb. 2021
	Webinar	Yakruth Sambhasha- Maladies & remedies on Liver disorders – group discussion	26th March 2021	
	National webinar	Yogya XII- Recent Advances in shalyatantra	08th April 2021	

## Programs attended as resource person/paper presentation

Sl. No.	Name of the Faculty	Name of the event	Title of the Presentation	Date
01	Dr. Shubada V I	Webinar (Resource person)	1. Concept of beeja, beeja-bhaga and beejabhagavayava along with laws of Heredity	11th June 2020
		National webinar (Resource person)	2. Analytical view on Aartavavaha and Shukravaha Srotas.	1st July 2020
		National webinar (Resource person)	3. Analytical view on Agnikarma therapy.	10th July 2020
		International Ayurveda Seminar (paper presentation)	4. Relevance of agnikarma in musculoskeletal ailments	12 to 19th March 2021
02	Dr. Subhash Rai	National webinar (resource person - speaker)	Applicability of Ashtavidha shastra karma in clinical practice	13th Nov. 2020

## PUBLICATIONS

Sl. No.	Name of the Faculty	Publication description in Vancouver style
01	Dr. Shubada V I	• Shubada V I, Critical review on surgical perspective of Marma. International Ayurvedic medical journal (IAMJ) volume 8, issue 5, May - 2020 (www.iamj.in) page 3556-3559
		• Shubada V I, Role of Upamana Pramana in understanding the concepts of Ayurveda, International Journal of Research in Ayurveda and Pharmacy (IJRAP) July-August 2020 Volume-11, Issue-04, Page no-219-223
02	Dr. Subhash Rai	• Subhash Rai K. N Management of Contact Dermatitis by Jaloukavacharana (Leech Therapy): A Case Report, International Journal of Health Sciences and Research, February 2021 Vol.11; Issue: 2; Page no- 195-199
03	Dr. Sahl M·	• Sahl M, Efficacy of vasa kshara on dushtavrana( non healing ulcers)- A Single case study, International journal of scientific research, volume 9 issue 5 may 2020
		• Sahl M, Ankylosing spondylitis- Ayurvedic Approach –A case study International Journal Of Applied Ayurveda Research Jul- Aug 2020 Volume: IV, Issue – IX Page No. 977- 984

## DEPARTMENT OF SHALAKYA TANTRA

**VISION:** To evolve as a department with very high standards in providing quality education of Shalakyia Tantra with practical applicability and research orientation.

### INTRODUCTION:

Shalakyia Tantra is branch of Ayurveda dealing with the diseases of Eye, Ear, Nose, Throat, Dental, Head and Neck. The department imparts Under Graduate education with ethical and value based learning to enhance academic achievement. Inculcate the student with all clinical and inquisitive knowledge of Shalakyia Tantra. Encourage the students for evidence based research in Shalakyia tantra and to enhance the core competency of Ayurveda without compromising its fundamental principles.

The department well equipped with models, specimens, teaching materials, charts, instruments, fully equipped tutorial room and department library.

### THRUST AREAS:

- Exploring rationality behind Netra Kriya kalpa, Karnapoorana, Murdhni taila, Nasya and other treatment modalities.
- Extramural research to study the pathogenesis of a disease, efficacy of the treatment and mode of action.
- Clinical study to assess the effectiveness of various formulations and treatment modalities used in Shalakyia Tantra.

### TEACHING FACULTY:



### Faculty Profile:

Sl.No.	Name	Qualification	Designation
1	Dr. Pradeep Kumar K	BAMS, MS (Ayu)	Professor
2	Dr. Akshatha. K	BAMS, MS (Ayu)	Associate Professor
3	Dr. Santhosh. K	BAMS, MS (Ayu)	Assistant Professor

## PROGRAMME ATTENDED:

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
1	Dr. Pradeep Kumar K	National level webinar series organized by SJG Ayurveda Medical College Koppal	Shalakya Hridaya-2021,	15th to 20th Feb. 2021
2		Faculty Development Program	FDP program organized by Yenepoya Ayurveda Medical College and Hospital Naringana	12th Feb. 2021
3		Workshop	Charaka Tatwavyabodhini organized by Yenepoya Ayurveda Medical College and Hospital Naringana	March 2021
4		A National level Panel discussion on Maladies and remedies of Liver disorder	Yakruth Sambhasha Organised by Department of Roganidana YAMCH	March 2021
5		A National level webinar Shastrakarma in Shalakya Tantra	Shastrakarma in Shalakya Tantra organized by Department of Shalakya GAAC & TAS India, Gujarat.	3rd & 4th March 2021
6	Dr. Akshatha K	National level webinar	Agada vichintana- consumer protection act	12th Aug. 2020
7		Webinar on gender bias in health care problems and solution		27th Aug. 2020
8		Webinar on immune modulation and Covid - pandemic by Dr Shivashankar Bala subrahmaniam	immune modulation and Covid-pandemic by Dr Shivashankar Bala subrahmaniam	16th Aug. 2020
9		National webinar on marma therapy	Marma therapy	14th Aug. 2020
10		webinar	Nature vs. nurture	17th Aug. 2020
11		National webinar	Ophthalmic complications in diabetes	24th Aug. 2020
12		Webinar	"Overcoming gender bias and stereotypes- need of the hour"	20th Aug. 2020
13		National level webinar	KSHAMATWA - Ayurveda approach towards prevention and management of COVID-19	27 & 28th Aug. 2020
14		International webinar	" UNESCO CHAIR WEBINAR-21 Interfaith - Religion- Science & Covid"	23rd Aug. 2020

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
15	Dr. Akshatha K	International webinar series	E- SAMSHODHANA-2020" Opportunities and challenges in Medical research	19 to 28th Aug. 2020
16		State level online interactive programme organised by NSS Unit, Yenepoya Deemed to be university.	"stress management during Covid"	17th Aug. 2020
17		International webinar Series	Organized by the dept of PG &Phd Studies Prasuthi tantra, SDM college of Ayurveda, Udupi "Jnana Setu- A webinar Feast"	28th Aug. 2020
18		National webinar organised by Yenepoya nursing college, Yenepoya deemed to be university	Menstrual cup- menstrual hygiene	19th Aug. 2020
19		International Webinar, Sri Raghavendra Ayurveda Medical college and hospital- Chitradurga	"Viral Diseases and its Ayurveda Management"	11 to 13th Aug. 2020
20		Webinar organised by gender sensitisation cell, Yenepoya (deemed to be) University on	"Gender Perspective in the current context"	03rd Sept. 2020
21		National webinar on Organized By S.G.R. Ayurved Mahavidyalya Solapur & Endorsed By Maharashtra University of Nasik	Rasavaha Srotas Specially on Pandu.	3rd, 4th Sept. 2020
22		International webinar on health promotion "organized by Dept of PG Studies in Panchakrama and Swathavritta, JSS Ayurveda Medical College Mysore	"Hitayu -2020"	15th-19th Sept. 2020
23		Webinar by Amrita T. T professor Sharada Ayurveda medical College, organized by YAMCH	"Preventive Aspects of Alzheimer's Disease through Ayurveda".	19th Sept. 2020
24		Webinar organized by the Department of Oral and Maxillofacial Surgery,	How to write a winning grant proposal'	21st Sept. 2020

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
		Yenepoya Dental College, Mangalore		
25	Dr. Akshatha K	Webinar organized by the Department of Forensic Medicine and Toxicology, KMC Mangalore	National CME on Ethical, Legal, Medical and Educational Challenges during COVID-19 Pandemic- A Panoramic view	21st Sept. 2020
27		National webinar organized by the department of shareera rachana , Yenepoya Ayurveda medical college and hospital.	Samveda 2020	8, 9th Oct. 2020
28		National level webinar held by Siksha o Anusandhana deemed to be university, Bhubaneshwar.	Forensic odontology: Paradigm Shift towards interdisciplinary approach	12th Oct. 2020
29		Webinar organized by NAAC Criteria VII, Yenepoya Nursing college	Gender equity and equality"	8th Oct. 2020
30		Webinar organized by NAAC Criteria I, Yenepoya Nursing college	Human values in curriculum"	7th Oct. 2020
31		National level webinar by Dr. Bharath raja guru	Application of nano medicine to treat some of the difficult diseases to cure"	5th Oct. 2020
32		National level webinar organized by the department of prasuthi tantra , Yenepoya Ayurveda medical college and Hospital.	Breast cancer awareness month	16th Oct. 2020
33		Webinar organised by yenepoya dental college	sleep breathing disorders: The evolving Field of dental sleep Medicine	15th Oct. 2020
34		Pharmacovigilance webinar conducted by JSSAMCH, Mysuru Dated 15-10-2020	Pharmacovigilance	15th Oct. 2020
35		In national webinar organized by Department of Shalakya Tantra, SDMIAH, Bengaluru	DRISHAYAM-2020 on the event of WORLD EYE SIGHT DAY	15th Oct. 2020



Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
36	Dr. Akshatha K	International Webinar Feast conducted by SDM college of ayurveda, Udupi, dept. of pg and phd studies in prasuti tantra & stree roga	'Jnana Setu' Ayurvedic Understanding Of Ovarian Cyst' Presented By Dr. Hemavathy S.K.	17th Oct. 2020
37		International webinar feast on on the topic presented by Dr.Tanmay Bagade.	JNANA SETU'-International collaborative translational research'	28th Aug. 2020
38		National webinar By Dr.Shiban Ganju, held by Atrimed pharma.	"Viral Hepatitis"	27th Oct. 2020,
39		National webinar on diet in covid oragnised by the dept of swastha vritta, SDMCH , Bengaluru.	Swasthapaka 2020	19, 20th Oct. 2020
40		Webinar organized by NAAC Criteria III, Yenepoya Nursing Colleg	"Strengthening research proposal by collaboration & partnership"	20th Oct. 2020
41		National webinar held by the department of kriya shareera, yenepoya Ayurveda medical college and hospital	" Nadi Preeksha"	23rd Nov. 2020
42		National webinar by the department of agada tantra, YMT Ayurveda Medical College, Kharagpur, Mumbai.	"New lines of approach to agada tantra"	10th Nov. 2020
43		International webinar on the occasion of 5 th national Ayurveda day avum dhanvantari jayanthi, GS Ayurveda Medical College, Hapur	Ayurveda in covid -19 pandemic"	
44		National webinar by the department of Shalya tantra, NIA, Jaipur.	"Arshas/ haemorrhoida"	20th Nov. 2020
45		International webinar by the department of Kaumara Bhritya, SJGAMC, KOPPAL.	Role of Ayurveda in diverse paediatric respiratory challenges"	13th Nov. 2020

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
46	Dr. Akshatha K	International webinar organised by the dept of Dravya guna, Yenepoya ayurveda medical college	Dravyanusandhana	28th Dec. 2020
47		National webinar organised by the department of Agada tatra, YAMCH	consumer protection act in medical profession a boon or a bane	23rd Dec. 2020
48		National webinar organised by the department of Shareera Rachana, YAMCH	Samveda-2020	05th Dec. 2020
49		Organised by Dr. Haseena Riyas, Chief Physician Saptagiri	Soundarya "Sankalpam - Basic 3" 5 days online workshop on advanced ayurvedic cosmetic products making	23to 28th Dec. 2020
50		FDP Organised by Yenepoya Ayurveda Medical college and hospital.	Attended FDP on personal and professional development	12th Feb. 2021
51		Online Ayurveda cosmetic making workshop organised by Soundarya sankalpam	online Ayurveda cosmetic making workshop	21, 22nd Feb. 2021
52		National level panel discussion	Yakruth sambhasha	26th March 2021
53		Workshop	Charaka Tatwavabodhini organized by Yenepoya Ayurveda Medical College and Hospital Naringana	8 to 13th March 2021
54	Dr. Santhosh. K	FDP Organised by Yenepoya Ayurveda Medical College and hospital.	Attended FDP on personal and professional development	12th Feb. 2021
55		Workshop	Charaka Tatwavabodhini organized by Yenepoya Ayurveda Medical College and Hospital Naringana	March 2021
56		A National level Panel discussion on Maladies and remedies of Liver disorder	YakruthSambhasha Organised by Department of Roganidana YAMCH	March 2021

## Programs Conducted

Sl. No.	Name of the Faculty	Name of the Program	Brief description of the event	Date
1.	Dr. Akshatha K	An inhouse Free headache camp	An inhouse free headache camp was organized at yenepoya ayurveda medical college and hospital, in shalakya tantra opd . Total of 24 beneficiaries	19 to 24th Oct. 2020
2	Dr. Akshatha K	An inhouse eye screening and spectacle distribution camp	A free eye check up camp with distribution of spectacles under reasonable price. Total of 60 beneficiaries	14to 31st Dec. 2020
3	Dr. Pradeep Kumar K Dr. Akshatha Dr. Santhosh K	In house Allergic rhinitis medical camp	An inhouse free Allergic rhinitis camp conducted in the Shalakya Tantra OPD for 6 days	25 to 30th Jan. 2021
4	Dr. Akshatha Dr. Santhosh K	An outhouse free Shalakya screening camp	An outhouse shalakya screening camp organized in association with Golden welfare society, Kinya total 73 patients benifited out of the camp.	14th Feb. 2021
5	Dr. Akshatha Dr. Santhosh K	An Outhouse free Ear disorder screeing camp	An outhouse free ear disorder screening camp was conducted by department of shalakya tantra on occasion of 'World Hearing Day 2021 at Karnataka wood industries Manjanady. Total 21 patients Ear disorders and Hearing evaluation was done	2nd March 2021

## POSTER /PAPER PRESENTATION :

Sl. No.	Name of the Faculty	Name of the event	Title of the Presentation	Date
01	Dr. Akshatha K Bhat	Shalakya Samanvaya alumini interaction	"Management of common mukharogas" webinar in day	11th July 2020 SDM College of to day

## STUDENT RESEARCH PROJECTS :

1. Dr Akshatha K Bhat: Co- Guide for an ongoing short study on "A comparative evaluation of the degree of keratinization in maxillary edentulous ridges of healthy and participants with Type-2 diabetes before and after using Moringa oil: An In-Vivo Study", Yenepoya Dental College
2. Dr Akshatha K Bhat :Co Guide for an ongoing thesis work titled "A clinical and microbiological Evaluation of arimedadi oil with 0.2% chlorhexidine gluconate mouthwash as an adjuvant to scaling in chronic gingivitis—a randomized controlled trial." Yenepoya Dental College.

## DEPARTMENT OF KAYACHIKITSA

### VISION:

- To provide Authentic, Ethical and Holistic Treatment through Ayurveda
- “Excellence in diagnosis and treatment with impetus to research and development”

**INTRODUCTION:** Kaya means body, Chikitsa means Treatment. Hence Kayachikitsa, the first branch of Ashtanga Ayurveda which forms the very foundation of treatment principles of this divine science of life. Kaya also refers to Agni or Fire, Fire here denotes the metabolic fire whose functioning is the cause of health and disease. Correcting this agni by Shodhana(Purification), and Shamana(Palliative care) is the purview of Kayachikitsa.

### THRUST AREAS

- Diagnosis and Management of diseases as per ancient texts in parlance with modern system of medicine
- Documentation of cases for Evidence based Practise
- Research in setting new bench marks for treatment by establishing SOPs for each diseases
- Periodic Publication of clinical findings in standard journals

### TEACHING FACULTY:



### Faculty Profile:

Sl.No.	Name	Qualification	Designation
1	Dr. Zenica D'souza	B.A.M.S, MD (Ayu), Phd (Ayu) Kayachikitsa	Professor
2	Dr. Ajay Bhat U	B.A.M.S, MD (Ayu) Kayachikitsa	Associate Professor
3	Dr. Shilpa K	B.A.M.S, MD (Ayu) Kayachikitsa	Assistant Professor
4	Dr. Saritha A K	B.A.M.S, MD (Ayu) Kayachikitsa	Assistant Professor

## PROGRAMME ATTENDED:

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
1	Dr. Zenica D'Souza	1. National level Panel discussion on Yakrut Vikara- Maladies & Remedies of Liver disorder organised by Department of Roga Nidana and Vikruti Vijnana Yenepoya Ayurveda Medical College Hospital	Yakrut Vikara- Maladies and Remedies of Liver Disorders	26th March 2021
		2. Recent advances in Drug sensitive and Drug-Resistant Tuberculosis" by DR. SHAZIA ANJUM, Medical Consultant, Karnataka State HQ, World Health Organization, NTEP Technical Support Network on 29/03/2021 between 10.30 am to 11.30 am	Recent advances in Drug sensitive and Drug-Resistant Tuberculosis	29th March 2021
		3. National research lecture series North zone-1 by Anusandhana Prakoshta of Vishwa Ayurveda Parishad on 26/04/2021	National Series	26th April 2021
2.	Dr. Ajay Bhat U	1. 5th National Ayurveda Day organised by Yenepoya Ayurveda Medical College Hospital	Ayurveda For Covid 19 Pandemic	12th Nov. 2020
		2. Webinar on Delnet Networked Resources and Services organised by Delnet and Yenepoya Deemed to be University	DELNET	18th Nov. 2020
		3. National Webinar on Nadi Pareeksha organised by Department of Shareera Kriya, Yenepoya Ayurveda Medical College Hospital	Nadi Pareeksha	23rd Nov. 2020
		4. National Webinar organised by Department of Rachana Shareera, Yenepoya Ayurveda Medical College Hospital	Samveda 2020	5th Dec. 2020
		5. International Webinar organized by Department of Dravyaguna, Yenepoya Ayurveda Medical College Hospital	Dravyanusandhana	28th Dec. 2020
		6. National Webinar on "Consumer Protection Act in Medical Profession- A boon or bane conducted by Department of Agada Tantra, Yenepoya Ayurveda Medical College Hospital	Consumer Protection Act in Medical Profession	23rd Dec. 2020
		7. National level Panel discussion on Yakrut Vikara- Maladies; Remedies of Liver disorder organised by Department of Roga Nidana and Vikruti Vijnana Yenepoya Ayurveda Medical College Hospital	Yakrut Vikara- Maladies & Remedies of Liver Disorders	26th March 2020

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
		8. Guest lecture on World Autism Awareness day organised by Department of Kaumarabhritya, Yenepoya Ayurveda Medical College Hospital	World Autism Awareness Day	1st April 2020
3.	Dr. Shilpa K Assistant Professor	<p>1. National Webinar Series on Role of Ayurveda and Yoga in Covid 19 Pandemic Crisis, Organised by BVVS Ayurveda Medical College and Hospital, Bagalkot in collaboration with Department of Integrative Medicine Sri Devraj Urs Academy of Higher Education and Research, Kolar</p> <p>2. Live Ayurveda Clinical Class on the topic 'Clinical Approach to skin disorders by Dr. Gopikrishna.S</p> <p>3. A Webinar organized by the Department of Samhita and Siddhanta of YAMCH on account of World food safety day. Guest speaker - Dr.Srivatsa</p> <p>4. A Virtual CME on the topic 'Ayurvedic Management of Musculo Skeletal Disorders' by Muralidhar Sharma, organized by AFI(DK), Sushruta Ayurveda Hospital and Ayurveda Network, BHU</p> <p>5. A Webinar on the topic 'Quality of life through Yoga', by Dr Sanjeev.S.Tonni, organized by the Department of Swasthavritta and Yoga of YAMCH on account of International Yoga Day</p> <p>6. A National Level Webinar, 'Kshamatwa' on Ayurveda approach towards prevention and management of Covid 19, organized by Yenepoya Ayurveda Medical College and Hospital, Naringana</p>	<p>"Samanvaya - 2020"</p> <p>Pampa Resolute 2020</p> <p>World Food Safety day - Webinar</p> <p>CME - Ayurvedic Management of Musculo Skeletal disorders</p> <p>Quality of life through Yoga - Webinar</p> <p>Kshamatva - Ayurveda approach towards prevention and management of Covid-19</p>	<p>4th to 8th June 2020</p> <p>9th June 2020</p> <p>7th June 2020</p> <p>14th June 2020</p> <p>21st June 2021</p> <p>27th &amp; 28th Aug. 2020</p>
4	Dr. Saritha A. K	1. National Level Online Certificate Course conducted by Pratignja	Aroma therapy, SOP's & Product making in - Cosmetology & Trichology in Ayurveda	14th to 28th Jan. 2021

Sl. No.	Name of the Faculty	Name of the Program	Title of the Event	Date
	Dr. Saritha A. K	2. National Ayurveda Seminar organised Online by Arya Vaidya Shala Kottakal	Post Covid Syndrome	30th Jan. 2021
		3. International Webinar organized by Yenepoya Naturopathy & Yoga Hospital	Naturopathic Medicine & Yoga	8th Feb. 2021
		4. Webinar by Dr. Sunil K Pandya conducted as a part of the UGC mandate-Mulya Pravah program by Mulya Pravah Task force and Centre for Ethics at Yenepoya (Deemed to be University)	The need for a humane doctor-patient relationship	12th Feb. 2021
		5. International Webinar organised by the AYUSH Department of Govt. of Kerala	Swasthya	26th Feb. 2021
		6. National level Panel discussion on Yakrut Vikara- Maladies & Remedies of Liver disorder organised by Department of Roga Nidana and Vikruti Vijnana Yenepoya Ayurveda Medical College Hospital	Yakrut Vikara- Maladies & Remedies of Liver Disorders	26th March 2021
		7. E-Guest Lecture organized by the Community Health Nursing, Yenepoya Deemed to be University	Elimination of Tuberculosis: The Clock is Ticking	26th March 2021
		8. E-Guest lecture on World Autism Awareness day organised by Department of Kaumarabhritya, Yenepoya Ayurveda Medical College Hospital	World Autism Awareness Day	1st April 2021
		9. Workshop on Charaka Sanhita conducted by the Dept. of Samhita & Siddanta, Yenepoya Ayurveda Medical College	Charaka Tatwabhodhini	8th to 13th March 2021

## Programs Conducted

Sl. No.	Name of the Faculty	Name of the Program	Brief description of the event	Date
1	Dr. Zenica Dsouza Dr. Ajay Bhat Dr. Saritha A K Dr. Shilpa. K	National Level E-Poster making Competition for students on occasion of World Asthma Day – 2021 on the Topic 'PRANAVAHA SROTO VIKARA' (Disorders of Respiratory System) Organized by Dept of Kayachikitsa, YAMCH.	Purpose of the Event was to create an awareness among Students, Interns and PG Scholars all over India about World Asthma Day and sensitize them through their creativity to understand their role and responsibilities towards the illnesses of respiratory system. There were 212 registrations from 10 states across India. The Best 3 E-Posters were awarded with a Trophy and an E- Certificate.	25th April 2021
2	Dr. Shipa K	Webinar and Poster making Competition on account of World Hepatitis Day 2020	-Webinar was held on the topic 'Kamala – Test and Treat'  Resource person - Dr.Zenica D'Souza, Principal, Alvas Ayurveda Medical College, Moodbidri  Platform - Google Meet  -Poster making Competition was conducted for the students of YAMCH on the topic 'Be clever – Protect your liver'	Webinar 28th July 2020  Poster Competition 16th July 2020

## Programs attended as resource person/paper presentation

Sl. No.	Name of the Faculty	Name of the event	Title of the Presentation	Date
1.	Dr. Zenica D'souza (As Resource Person)	CME for Ayush Doctors, organized by SDM College of Ayurveda, UDUPI, Sponsored by RAV, New Delhi.	1. Analytical Approach to Pleeha. 2. Bahya Prayoga in Kusta	4th March 2021 11.30 to 1.00 PM & 3.30 PM to 5.00 PM



## PUBLICATIONS

Sl. No.	Name of the Faculty	Publication description in Vancouver style
1.	Dr. Ajay. Bhat. U  Dr. Shilpa. K Assistant Professor	Dr. Ajay Bhat. U, Leech Therapy in Cellulitis of Lower Limb (Pittaja Vrinashopha) - A case Study, Journal of Research in Indian Medicine, Jan. to June 2021-Vol. 16, Issue -1, (March, Addendum-2) <a href="https://heb-nic.in/jrim">https://heb-nic.in/jrim</a>  1. Dr.Shilpa.K , `Achara Rasayana – A boon for healthy living’ International Journal of Ayurveda and Pharma Research, Volume 8, Issue 5, Page 71-75 (Published on 6/6/2020)  2. Dr.Shilpa.K,' Management of Vipadika - A Case Report ', International Journal of Ayurveda and Pharmaceutical Chemistry, Volume 13, Issue 1, Page 50-55(Published on 10/7/2020).

